FIGHT COLDS & FLU

Get your flu shot
It's not too late!
Schedule through the Tang Center or check our web for more options.

Wash your hands
for 20 seconds

Cover your cough
in your elbow, not your hands

Stay home if you are sick
follow current recommended guidelines

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Berkeley
UNIVERSITY OF CALIFORNIA

http://uhs.berkeley.edu

UNIVERSITY HEALTH SERVICES Tang Center
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