



LET'S TALK

Drop-in Consultation for Students

COUNSELING + PSYCHOLOGICAL SERVICES

FALL 2017

The Let's Talk program provides easy access to **informal, brief, drop-in** consultations with counselors from UC Berkeley's Counseling and Psychological Services (CPS). Let's Talk is available at various locations across campus. No appointment is necessary, there is no paperwork to complete. Visits are first come, first serve. Any student is welcome to visit Let's Talk.

Speaking with a counselor in a confidential setting can help you access support, provide perspective, help you explore resources and options and discuss how counseling might be helpful. "Let's Talk" is designed for students who are wanting to talk to a counselor casually. It is not appropriate for students needing urgent help. If you are in crisis, please call or go to the Tang Center.

LET'S TALK AT CHAVEZ

Monday

Yi Du: 3pm - 6pm (Rm 150)

TUESDAY

Veronica Orozco: 11am - 12pm, 1pm - 2pm (Rm 150)

WEDNESDAY

Cynthia Medina: 2pm - 4pm (Rm 150)

THURSDAY

Adisa Anderson: 2pm - 4pm (Rm 150)

Jeff Lee: 3pm - 5pm (Rm 249)

FRIDAY

Jeanine Baillie: 10:30am - 12pm (Rm 150)

Sam Tourek: 3pm - 5pm (Rm 150)

LET'S Q-TALK (DROP-IN FOR LGBTQIA STUDENT COMMUNITY AT CAL)

TUESDAY

Tobirus Newby/Antonio Cantu: 4pm - 6pm (Chavez, Rm 150)

THURSDAY

Elizabeth Aranda: 10:30am - 12pm (Chavez, Rm 150)

LET'S TALK AT FOOTHILL RESIDENCE HALL

Thursday

Aaron Cohen: 3:30 - 5pm (Unit 711U, Unit 4)

LET'S TALK AT HILDEBRAND HALL

TUESDAY

Yu Bi: 2pm - 4pm (B52 Hildebrand)

FRIDAY

Yu Bi: 10am - 12pm (B52 Hildebrand)

LET'S TALK AT MULTICULTURAL COMMUNITY CENTER (MCC)

FRIDAY

Elizabeth Aranda: 10am - 3pm (walk in and ask for "Elizabeth")

- Students can reserve a time via the following link: <https://www.wejoinin.com/sheets/xpmd>

LET'S TALK AT WURSTER HALL

Monday

Amy Honigman: 2 - 3pm (Wurster Hall Room 220)



COUNSELING + PSYCHOLOGICAL SERVICES
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