COUNSELING + PSYCHOLOGICAL SERVICES

LET’S TALK
Drop-in Consultation for Students

COUNSELING + PSYCHOLOGICAL SERVICES

SPRING 2017

ABOUT LET’S TALK
The Let’s Talk program provides easy access to informal, brief, drop-in consultations with counselors from UC Berkeley’s Counseling and Psychological Services (CPS). Let’s Talk is available at various locations across campus. No appointment is necessary, there is no paperwork to complete. Visits are first come, first serve and the wait time to see the Let’s Talk Counselor is usually very brief. Any student is welcome to visit Let’s Talk.

Speaking with a counselor in a confidential setting can help you access support, provide perspective, help you explore resources and options and discuss how counseling might be helpful. “Let's Talk” is designed for students who are wanting to talk to a counselor casually. It is not appropriate for students needing urgent help. If you are in crisis, please call or go to the Tang Center.

LET’S TALK AT CHAVEZ

Monday
Veronica Orozco: 1-2pm (Room 150)
Veronica Orozco: 2-4pm (Room 243)

Tuesday
Veronica Orozco: 11am-noon, 1-2pm (Room 150)
Yi Du: 3:30-5:30pm (Room 249 - APASD office)

Wednesday
Sam Tourek: 8-11am (Room 150)
Cynthia Medina: 11am-1pm (Room 150)
Ivonne Mejia: 2-3pm (Room 150)
Tobirus Newby/Heath Schechinger*: 4-6pm (Room 243)
*alternating weeks

Thursday
Elizabeth Aranda: 11am-noon (Room 150)
Claytie Davis III: 1-2pm (Room 150)
Stephanie Carrera: 3-4pm (Room 150)

Friday
Karen Tsai: 10-11am (Room 150)
Cynthia Medina: 11-noon (Room 150)
Sam Tourek: 3-5pm (Room 150)

LET’S Q-TALK (DROP-IN ON LGBTQ RELATED ISSUES)

Wednesday
Tobirus Newby/Heath Schechinger*: 4-6pm (Room 243)
*alternating weeks

Friday
Laura Alie: 1-3pm (Evans Hall, Room 487)

LET’S TALK AT FOOTHILL RESIDENCE HALL

Tuesday
Aaron Cohen: 4-5pm (Unit 711U, Unit 4)

LET’S TALK AT WURSTER HALL

Monday
Amy Honigman: 2-3pm (Wurster Hall, Room 220)