The Let’s Talk program provides easy access to informal, brief, drop-in consultations with counselors from UC Berkeley’s Counseling and Psychological Services (CPS). Let’s Talk is available at various locations across campus. No appointment is necessary, there is no paperwork to complete. Visits are first come, first serve. Any student is welcome to visit Let’s Talk.

Speaking with a counselor in a confidential setting can help you access support, provide perspective, help you explore resources and options and discuss how counseling might be helpful. "Let's Talk" is designed for students who are wanting to talk to a counselor casually. It is not appropriate for students needing urgent help. If you are in crisis, please call or go to the Tang Center.

COUNSELING + PSYCHOLOGICAL SERVICES
2222 Bancroft Way, 3rd Floor, Berkeley, CA 94720
uhs.berkeley.edu/students/counseling
(510) 642-9494

LET’S TALK AT CHAVEZ

Monday
Esther Lee: 10am - 11am (Rm 150)
Yi Du: 12:30pm - 3:30pm (Rm 150)
Nadia Damani-Khoja: 3:30pm - 5pm (Rm 150)

TUESDAY
Veronica Orozco: 11am – 1pm (Rm 150)

WEDNESDAY
Cynthia Medina: 2pm - 4pm (Rm 150)

THURSDAY
Adisa Anderson: 2pm - 4pm (Rm 150)
Jeff Lee: 4pm - 6pm (APASD, Rm 249)

FRIDAY
Jeanine Baillie: 10:30am – 12pm (Rm 150)
Sam Tourek: 3pm – 5pm (Rm 150)

LET’S Q-TALK (DROP-IN FOR LGBTQIA STUDENT COMMUNITY AT CAL)

TUESDAY
Tobirus Newby/Antonio Cantu: 4pm - 6pm (Chavez, Rm 150)

THURSDAY
Elizabeth Aranda: 10:30am – 12pm (Chavez, Rm 150)

LET’S TALK AT FOOTHILL RESIDENCE HALL

Monday
Aaron Cohen: 4pm – 5:30pm (Unit 711U, Unit 4)

LET’S TALK AT HILDEBRAND HALL

TUESDAY
Yu Bi: 2pm – 4pm (B52 Hildebrand)

FRIDAY
Yu Bi: 10am – 12pm (B52 Hildebrand)

LET’S TALK AT MULTICULTURAL COMMUNITY CENTER (MCC)

FRIDAY
Elizabeth Aranda: 10am – 3pm (walk in and ask for “Elizabeth”)

• Students can reserve a time via the following link:  https://www.wejoinin.com/sheets/xpmdd