Breastfeeding Support
breastfeeding@lists.berkeley.edu  |  (510) 643-4646  |  uhs.berkeley.edu/breastfeeding

**On Campus**

**Breastfeeding Your Baby / Returning to Work or School Class** – *Free to UCB employees & students*

**Thursday, October 1, 1:00-4:15pm**

This 3-hour class is offered once a semester. The first two hours cover breastfeeding basics and problem solving. The last hour focuses on planning for return-to-work or school and breast pumps. This class will be offered virtually, register to receive Zoom information! To register: Faculty and staff enroll at the [UCB Learning Center](https://learningcenter.berkeley.edu). Students enroll by emailing breastfeeding@lists.berkeley.edu.

**Campus Lactation Rooms**

Equipped with hospital-grade, electric breast pumps compatible with the parts from the Purely Yours Breast Pump or personal attachment kits are available for purchase. *Note: Only select lactation rooms are available during campus limited building access directives. Find more information on how essential on-campus users can obtain access [here](https).*

**Hygieni Kits**

Ameda’s Dual Hygieni Kit is sold at cost to faculty, staff and students and their spouses or domestic partners. Make an appointment with us by emailing breastfeeding@lists.berkeley.edu.

**Online Resources**

**Register Online**

Please register with the program to access any of the services. [Registration](https) is FREE to all UC Berkeley, UCOP and LBNL faculty, staff, students, and their spouses/domestic partners. Find information on the lactation rooms, breast pump products, class information, and more on our [website](https).

**Your Health Plan**

UC’s Medical Plans may provide breastfeeding support, supplies and counseling at no cost. Check your health plan’s website.