

# COVID Isolation / Quarantine Guidelines - UCB Employees

Vaccination status	Isolation or Quarantine	Period of time to be excluded from work/school (e.g. stay home to avoid infecting others)	Comments/Special Situations
<b>Employees testing (+) for COVID-19, regardless of vaccination status</b>	Isolation	<ul style="list-style-type: none"> <li><input type="checkbox"/> Must isolate at home for at least 5 days.</li> <li><input type="checkbox"/> May return to work after day 5 (e.g. on day 6 or beyond) if no fever for 24 hours, symptoms are resolving, test negative on or after day 5, and do not live in a high risk congregate setting.*</li> <li><input type="checkbox"/> If a worker cannot test or declines to test they can generally return to work after 10 days, if afebrile and symptoms are improving.</li> <li><input type="checkbox"/> Must wear a face covering around others at work (&amp; elsewhere) for a total of 10 days after the positive test.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Healthcare &amp; childcare workers: consult with Occupational Health.</li> <li><input type="checkbox"/> <b>Antigen</b> testing is recommended for clearance (not PCR), but ENTIRE PROCESS MUST BE OBSERVED per CalOSHA, unless run through a testing lab.</li> <li><input type="checkbox"/> Immunocompromised employees should consult with Occupational Health</li> </ul>
<b>Unvaccinated/partially vaccinated employees with close contact to someone with COVID-19**</b>	Quarantine**	<ul style="list-style-type: none"> <li><input type="checkbox"/> Must stay home and be excluded from the workplace for at least 5 days after the close contact.</li> <li><input type="checkbox"/> A worker can come back to work after day 5 if they test negative and do not have any symptoms, and do not live in a high risk congregate setting.*</li> <li><input type="checkbox"/> If the worker cannot test or declines to test, they can return to the workplace after day 10 if they do not have symptoms.</li> <li><input type="checkbox"/> Must wear a face covering around others at work (&amp; elsewhere) for 10 days after exposure.</li> <li><input type="checkbox"/> If the worker develops symptoms, they must be excluded pending a test result.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Healthcare &amp; childcare workers: consult with Occupational Health.</li> <li><input type="checkbox"/> <b>PCR</b> testing is recommended for clearance; if home/self-testing (antigen) is used, ENTIRE PROCESS MUST BE OBSERVED per CalOSHA.</li> </ul>
<b>Unboosted (but eligible) employees with close contact to someone with COVID-19</b>	NO Quarantine	<ul style="list-style-type: none"> <li><input type="checkbox"/> Does not need to be excluded from work if asymptomatic but must have a negative test 5 days after close contact; must otherwise stay home and quarantine.</li> <li><input type="checkbox"/> Must wear a face covering around others at work (&amp; elsewhere) for 10 days after exposure.</li> <li><input type="checkbox"/> If the worker develops symptoms, they must be excluded pending a test result.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>PCR</b> testing is recommended for testing (antigen acceptable).</li> </ul>
<b>Anyone who received a booster, or are fully vaccinated but not yet booster-eligible, with close contact to someone with COVID-19</b>	NO Quarantine	<ul style="list-style-type: none"> <li><input type="checkbox"/> Does not need to be excluded from work/school if asymptomatic but must have a negative test 5 days after close contact; vaccinated workers who who cannot or decline to test after close contact must wear a face covering around others and maintain six feet of distance for 14 days following the close contact.</li> <li><input type="checkbox"/> Must wear a face covering around others at work for 10 days after exposure.</li> <li><input type="checkbox"/> If individual develops symptoms, they must be excluded pending a test result.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>PCR</b> testing is recommended for testing (antigen acceptable).</li> </ul>
<b>ADDITIONAL NOTES</b>		<p>*High risk congregate settings, per City of Berkeley Order, include housing where people are not able to isolate away from others such as student or faculty housing, staff housing, transitional housing, shelters, and domestic violence and abuse shelters.</p> <p>**Close contacts who already had a COVID-positive test or diagnosis within the past 90 days, regardless of vaccination status, do NOT need to quarantine or be excluded from work, however they must wear a face covering and maintain 6-foot distance for 14 days following last date of close contact.</p>	

<b>Sources</b>	<a href="#">CalOSHA</a>  <a href="#">CDPH</a>  <a href="#">City of Berkeley</a>	<p>Applies only to employees.</p> <p>Applies to all.</p> <p>Applies to residents of City of Berkeley AND anyone working within City of Berkeley.</p>
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