**Transgender Surgery and Services**

The Transgender Care Team (TCT) at University Health Services provides general physical and mental health care for students who prefer to meet with a TCT medical or counseling provider, as well as gender specific services. If you are pursuing gender confirmation surgery, please follow the following steps. Due to high utilization of our services, this takes time: our best piece of advice is to take your first steps at least 3-5 months before your hoped-for surgery date.

**I have SHIP**

**STEP 1**
Schedule a private benefits appointment with Aimee Jacques, Insurance Case Coordinator and Benefits Supervisor, to discuss the approval steps as well as to obtain names of in-network providers. Aimee will work with your provider (see Step 3) to submit referrals for electrolysis, fertility preservation, or surgery consultation.

**STEP 2**
If you are considering surgery, set up an appointment with a Transgender Team counselor to obtain an assessment for a surgery letter. This process may take 3-5 months. To make an appointment, call the CAPS office at (510) 642-9494.

**STEP 3**
Schedule a visit with one of the Transgender Care Team Primary Care Clinicians. They can submit a referral for electrolysis or surgery consultation and will also make sure that you are in the best possible health pre-operatively. They can also advise regarding timing of surgery/electrolysis as it relates to hormone treatment, and can assist with post-operative care as needed.
(510) 642-2000 | etang.berkeley.edu

**STEP 4**
Surgical provider files necessary paperwork for pre-authorization with Berkeley SHIP. Allow Berkeley SHIP 2-4 weeks to process authorization prior to surgery.

**STEP 5**
Surgery scheduled through your surgeon’s office.

**I don’t have SHIP**

**STEP 1**
Talk with your insurance company about coverage options.

**STEP 2**
If you are considering surgery, set up an appointment with a Transgender Care Team counselor to obtain an assessment for a surgery letter. This process may take 3-5 months. To make an appointment, call the CAPS office at (510) 642-9494.

**STEP 3**
Schedule a visit with one of the Transgender Care Team Primary Care Physicians. Tell them you are seeking surgical care. They will submit a referral for electrolysis or surgery consultation and will also make sure that you are in the best possible health pre-operatively. They can also advise regarding timing of surgery/electrolysis as it relates to hormone treatment, and can assist with post-operative care as needed.
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**STEP 4**
Reconnect with your insurance provider for next steps according to your plan guidelines.

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**TRANS CARE TEAM**

**PRIMARY CARE CLINICIANS**

- Allison Aiken, MD
- Anna Harte, MD
- Michelle Kay, NP
- Laura Alie, PsyD
- Elizabeth Aranda, PhD
- Jeanine Baillie, PsyD
- Tobirus M. Newby, LCSW
- Gloria Saito, PhD
- Aurora Ortiz, NP

For more information, visit uhs.berkeley.edu/pride