

How Is It Working for Me?

How does using help my school work?	How does using hinder my school work?
How does using help my relationships with my family?	How does using hinder my relationships with my family?
How does using help my relationships with friends?	How does using hinder my relationships with friends?
How does using help my long term goals?	How does using hinder my long term goals?
How does using help my finances?	How does using hinder my finances?
How does using help my health?	How does using hinder my health?