

White Bean, Tomato, and Feta Salad

Ingredients

- 1 (8 oz) can white beans, drained and rinsed
- 1 cup cherry tomatoes, quartered
- ¾ cup feta cheese, crumbled
- 1 shallot/red onion, minced
- ¼ cup parsley leaves, roughly chopped
- 2 tbsp olive oil
- 1 tbsp red wine vinegar
- Salt and pepper to taste
- Optional: 1 tsp dried oregano



Nutrition Tip:
Mix this in with orzo and some more olive oil to create a complete meal!

Directions

1. Whisk together the oil and vinegar in a big bowl, then add all other ingredients except seasoning.
2. Toss to combine, and then taste the salad to see how salty it is with just the feta cheese. Add salt and pepper to your preference.

Recipe adapted from
thekitchn.com/recipe-tomato-and-feta-white-bean-salad-247303

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