

Simple Side Salad (No Chop)

Ingredients

- 4 oz. prewashed mixed greens
- 1 oz. shredded carrots
- 1 oz. cherry tomatoes
- 2 tablespoons olive oil
- 2 teaspoons vinegar or lemon juice
- 1/2 teaspoon honey or maple syrup
- Salt and pepper, to taste

OPTIONAL: Garnish with croutons, dried cranberries, raisins, nuts, grated parmesan or feta cheese

Nutrition Tip: This simple salad requires minimal effort to prepare and is a great addition to any meal.



Directions

1. Add greens, carrots, and tomatoes to a bowl.
2. Add the remaining ingredients to a small bowl and whisk (or shake in a mason jar)
3. Drizzle half the dressing on the salad, toss, taste, and add more as needed.
4. Add garnish as desired and serve.

Recipe adapted from <https://www.thekitchn.com>

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