



Sexual Assault

Sexual assault is any unwanted, forced sexual contact.

It includes touching sexual areas, fondling, oral sex, and rape. It is sexual assault if one partner has not consented, is asleep, drunk, drugged or unconscious, is unable legally to consent because of disability or age, or is saying yes out of fear. 1 out of 4 undergraduate women, as well as some men, will be sexually assaulted or nearly assaulted while at college.

Sexual violence can have a profound impact on an individual's psychological and physical health.

Survivors heal emotionally from sexual assault in different ways. Many benefit from counseling. Others prefer to seek support from loved ones and focus on self care. Counseling can help students address the impact on academics, work, personal safety, mental health, general well being, and relationships with others. It can help to process feelings, thoughts, physical reactions, and behaviors that might appear after the assault.

UHS recognizes the impact sexual assault has on the campus environment.

We partner with community services and other campus departments to prevent and respond to incidents by providing educational programs, medical care, and counseling.

UHS Services

- **Urgent Care.** (510) 642-3288.

UHS provides medical care for students who have been sexually assaulted and for faculty and staff who have been sexually assaulted in the course of their work. Services include treatment for injuries and testing for pregnancy and sexually transmitted infections (including HIV). Referrals are made to local hospitals for evidence collection. *Continued on back...*

Note: When Urgent Care is closed, the phone number connects to a community crisis response service. For non-urgent medical appointments, call (510) 642-2000

- **Social Services** (510) 642-6074.

Urgent and Aftermath Counseling: Immediate response to survivors is our priority. SOS offers confidential counseling and follow-up support with individual and group counseling available. Referrals are provided as needed. Services are available for recent survivors and those working to recover from a past assault. SOS also provides consultation to others providing support to a survivor, including friends, family and campus staff.

Advocacy: Staff will work with sexual assault survivors to ensure they know their rights with respect to medical care, reporting options, and academic and housing changes. Staff will advocate on behalf of the survivor and assist with referrals when needed.

Campus Services

- **Path to Care Center.** (510) 642-1988

Confidential Survivor Advocates: Affirming, empowering, and confidential support for people who've experienced sexual harassment, emotional abuse, dating and intimate partner violence, sexual assault, stalking, and sexual exploitation. Confidential survivor advocates bring a non-judgmental, caring approach to exploring all options, rights, and resources.

Prevention Services: Workshops, trainings, campus campaigns, and consultations provided by staff and student educators. Topics include healthy relationships, communicating consent, being an active bystander, transforming campus culture, and addressing violence and harm in our community.

- **Employee Assistance for Faculty and Staff:** UHS 3rd Floor (510) 643-7754
- **Gender Equity Resource Center:** 202 Cesar Chavez, (510) 643-5730
- **Ombudsperson for Students:** 102 Sproul Hall, (510) 642-5754
- **Center for Student Conduct & Community Affairs:** 2536 Channing, (510) 643-9069
- **Office for the Prevention of Harassment and Discrimination:** 200 California Hall, (510) 643-7985
- **UC Berkeley Police:** 1 Sproul Hall, (510) 642-6760, 911 for emergencies
- **24-Hour Hotline:** Bay Area Women Against Rape. (510) 845-7273. Staffed by trained counselors. Accompanies survivors to police, hospitals, and courts.