LGBTQ+ Counseling Services

While all UHS counselors have training and experience working with LGBTQ+ students, sometimes it’s important to know your counselor is queer-identified.

COUNSELORS:

Laura Alie, Psy.D.  
(510) 642-9494
Q-TALK Drop-In: 487 Evans, Fridays 1-3pm  
Focuses: Transgender Care Team, non-binary identities/ exploration, relationship issues

Elizabeth Aranda, Ph.D.  
(510) 642-9494
Q-TALK Drop-In: 150 Chavez, Thursdays 11am-12pm  
Focuses: Latinx & queer/ trans students of color, kink, polyamorous relationships

Jeanine Baillie, Psy.D.  
(510) 642-9494  
Focuses: First generation college students, international students, student athletes, trans and queer students, intersecting identities

Jeffette Bergfeld, Psy.D.  
(510) 642-9494  
Focuses: Transgender Care Team, relationship issues

Don Capone, Psy.D.  
(510) 642-4853
QTALK by apt only for graduate students  
Focuses: Transgender Care Team, couples counseling, self-esteem/body image

Kin Ming Chan, Ph.D.  
(510) 642-9494
QTALK Drop-In: 243 Chavez, Wed. 4-6pm  
Focuses: Cross-cultural concerns, mindfulness and self-compassion

Tova Feldmanstern, LCSW  
(510) 642-9494  
Focuses: Trauma and oppression, intersecting identities, self-esteem issues

Carrie Guthrie, LCSW  
(510) 642-9494  
Focuses: Family and relationships, transfer, re-entry and student parents

Shanta Jambotkar, LCSW  
(510) 642-6074  
Focuses: Intersectional cultures, women and people of color, LGBTQIA, South Asia & diaspora, immigrant & next generations

Gina Midili, Ph.D.  
(510) 642-9494  
Focuses: Student athletes, crisis counseling, LGBTQ identity development, career counseling

Tobirus M. Newby, LCSW  
(510) 642-6074
QTALK Drop-In: 243 Chavez, every other Wednesday 4-6pm  
Focuses: Transgender Care Team, spirituality, sexual health

Diana Peña, Ph.D.  
(510) 642-7483  
Drop-In: For Undocumented Students in 119 Chavez, Tuesdays 1-3pm  
Focuses: Undocumented & queer/trans students of color

Eric Samuels, Psy.D.  
(510) 642-9494  
Focuses: Faith identities, disability identities, relationship issues, problematic eating/ exercise

John Sauvé, Psy.D.  
(510) 642-9494  
Focuses: Men’s issues, grad students, 1st generation college students, managing depression

Heath Schechinger, Ph.D.  
(510) 642-9494
QTALK Drop-In: 243 Chavez, every other Wednesday 4-6pm  
Focuses: Transgender Care Team, kink, polyamorous relationships, bisexual/pansexual issues

Robin Walley, LCSW  
(510) 642-6074  
Focuses: Alcohol and other drugs

Elisa Vasquez, MA  
(510) 642-9494  
Focuses: Non-binary identities/ exploration, Latinx & queer/ trans students of color, bisexual/pansexual issues

SERVICES:

TRANSGENDER CARE TEAM
Counselors and medical providers with expertise in trans and gender nonconforming student concerns who provide counseling, hormones, and help accessing surgery.

Q-TALK DROP-IN
Confidential, individual consultation with a queer-identified counselor. No appointment, no paper work, just drop in! Every:
- Wed. 4-6pm, 243 Chavez
- Thurs. 11am-noon, 150 Chavez
- Fri. 1-3pm, 487 Evans

Begins on Jan. 25 and runs through May 5. No services during Spring Break.

GROUPS
- Queer Womyn of Color Support Fridays, 3:15-4:45pm  
Contact Elizabeth Aranda, (510) 642-9494
- Queer Men Support Thursdays, 4:15-5:30pm  
Contact Tobirus Newby, (510) 642-6074 or Heath Schechinger, (510) 642-9494
- Coming Soon! Gender Spectrum Drop-in Support Group  
Contact Jeannette Bergfeld, (510) 642-9494

COUNSELING + PSYCHOLOGICAL SERVICES
2222 Bancroft Way, 3rd Floor, Berkeley, CA 94720  
uhs.berkeley.edu/pride/counseling
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John Sauvé, Psy.D.  
(510) 642-9494  
Focuses: Men’s issues, grad students, 1st generation college students, managing depression

Brian Welsh, LCSW  
(510) 642-9494  
Focuses: LGBTQ+ students, anxiety, depression, stress, life transitions

Robin Walley, LCSW  
(510) 642-6074  
Focuses: Alcohol and other drugs

Elisa Vasquez, MA  
(510) 642-9494  
Focuses: Non-binary identities/ exploration, Latinx & queer/ trans students of color, bisexual/pansexual issues