

## Test Instructions

When you check in at Clinic 4 (2nd floor), you will receive a *Pregnancy Test Information Sheet*

- Step 1** Complete and return the Pregnancy Test Information Sheet to the Clinic 4 receptionist. S/he will order the test
- Step 2** Go to the Laboratory (open at 8:30 am Mon-Fri, located near the Cashier's Office). The Laboratory will give you specimen-collection instructions.
- Step 3** After the specimen is collected you will be directed to the UHS Cashier's Office (1st floor, Rm. 1011) to pay for your test.

**Regardless of the test results, you should plan to speak with the Clinic 2 Nurse regarding appropriate follow-up and precautions (positive results). Social Services will defer scheduling an appointment until you confirm you have spoken with the Clinic Nurse.**

**Results Available: Monday - Friday 2-4:30 pm Call Clinic 2 Nurse (510) 643-7109**

## Test Instructions

When you check in at Clinic 4 (2nd floor), you will receive a *Pregnancy Test Information Sheet*

- Step 1** Complete and return the Pregnancy Test Information Sheet to the Clinic 4 receptionist. S/he will order the test
- Step 2** Go to the Laboratory (open at 8:30 am Mon-Fri, located near the Cashier's Office). The Laboratory will give you specimen-collection instructions.
- Step 3** After the specimen is collected you will be directed to the UHS Cashier's Office (1st floor, Rm. 1011) to pay for your test.

**Regardless of the test results, you should plan to speak with the Clinic 2 Nurse regarding appropriate follow-up and precautions (positive results). Social Services will defer scheduling an appointment until you confirm you have spoken with the Clinic Nurse.**

**Results Available: Monday - Friday 2-4:30 pm Call Clinic 2 Nurse (510) 643-7109**

## Information About Pregnancy Testing

**How the Pregnancy Test Works:** It checks for the presence of the pregnancy-related hormone, HCG (human Chorionic gonadotropin). Approximately 2 weeks after conception has occurred, the HCG level is high enough in the urine and blood to be detected by our test. *Tests done before this time may be falsely-negative.*

**Test Collection:** There are 3 *choices* for specimen collection:

- 1) random urine sample
- 2) first-morning urine sample
- 3) blood test

**Please tell the Clinic 4 receptionist which collection method you have chosen.** On a *very* rare occasion, a false-negative test result occurs. This can happen in early pregnancy when a random urine sample is too dilute. A first-morning urine sample or blood sample will minimize the possibility of a false-negative result. If you have questions about which collection method to choose, please ask to speak with the Clinic nurse.

**If your result is positive** The Clinic nurse will refer you to Social Services (Rm. 2280, 2nd floor). Counselors will provide confidential information about your options. Your counselor will also be able to answer your questions about health insurance.

**If your result is negative** The Clinic nurse will help you determine when the test should be repeated, or when you should see a clinician. The nurse will also be able to answer your questions about your birth control method(s).

### **We respect your desire for confidentiality.**

While results of your test are entered in your medical record, these records are confidential. Only YOU may be given the results.

## Information About Pregnancy Testing

**How the Pregnancy Test Works:** It checks for the presence of the pregnancy-related hormone, HCG (human Chorionic gonadotropin). Approximately 2 weeks after conception has occurred, the HCG level is high enough in the urine and blood to be detected by our test. *Tests done before this time may be falsely-negative.*

**Test Collection:** There are 3 *choices* for specimen collection:

- 1) random urine sample
- 2) first-morning urine sample
- 3) blood test

**Please tell the Clinic 4 receptionist which collection method you have chosen.** On a *very* rare occasion, a false-negative test result occurs. This can happen in early pregnancy when a random urine sample is too dilute. A first-morning urine sample or blood sample will minimize the possibility of a false-negative result. If you have questions about which collection method to choose, please ask to speak with the Clinic nurse.

**If your result is positive** The Clinic nurse will refer you to Social Services (Rm. 2280, 2nd floor). Counselors will provide confidential information about your options. Your counselor will also be able to answer your questions about health insurance.

**If your result is negative** The Clinic nurse will help you determine when the test should be repeated, or when you should see a clinician. The nurse will also be able to answer your questions about your birth control method(s).

### **We respect your desire for confidentiality.**

While results of your test are entered in your medical record, these records are confidential. Only YOU may be given the results.