PCR vs Rapid Antigen Test

What they are, differences and when to use one versus the other

	PCR TEST	RAPID ANTIGEN TEST (AT-HOME)
WHAT IS IT	Nasal or throat swab lab-processed test (includes all testing performed at UHS/RSF)	Nasal swab over-the-counter or at-home COVID-19 tests
WHAT IT TESTS FOR	Viral genetic material Best for early diagnosis of infection	Viral protein Best for early release from isolation (if eligible)
WHEN YOU SHOULD GET THIS TEST	Symptoms concerning for COVID-19 (isolate while you await results) 3-5 days after close contact with someone with COVID-19	 If you have COVID, getting better/have no symptoms, & want to return to regular activities sooner than 10 days (but no earlier than 6 days) If you have new symptoms, & already had COVID within last 90 days If you have symptoms, & cannot get access to timely PCR testing: best to take the day AFTER symptoms develop, or do 2 tests 24 hours apart if the first one is negative
WHEN NOT TO USE THIS TEST	Do not repeat PCR tests if you already had COVID-19 within the past 90 days (may be intermittently positive, even if you are no longer infectious/ill)	You CAN use if you don't have symptoms, e.g. pre- gathering or 3-5 days post-contact, but high risk of false negative (not super reassuring)
HOW LONG RESULTS TAKE	Most take 24-48 hours (UHS has limited numbers of rapid PCR tests resulting within 2-4 hours, currently prioritized for symptomatic dorm residents)	15-30 minutes
ACCURACY OF RESULTS	Highly sensitive, highly specific. In other words: both positive and negative results are highly reliable if timing/use is right	Less sensitive If it's positive, you can likely rely on the result (especially when there is a lot of COVID around) If it is negative, & you have high suspicion/concern, you should retake an antigen test in 24 hours or take a PCR test & stay home in the meantime

