Why are you interested in STI risk assessment?
- I am starting or ending a relationship.
- I may have been exposed to an STI.
- I have a symptom (or my partner has a symptom).
- I have questions or concerns.

All the above are valid reasons for seeking STI testing.

If you are currently experiencing symptoms, you should seek treatment. Call 642-2000 for an appointment.

If you would like to learn more about STI prevention, consider making an appointment with a sexual health peer educator.

**Relationships**

1. What is your current relationship status?
   - No steady partner
   - Multiple partners
   - Steady partner
   - Other: ____________

2. Do you discuss sexual history and testing with your partner(s)?
   - Always
   - Sometimes
   - Never

Open discussion of sexual history with your partner(s) is recommended to assess your own risk of STIs and to plan for appropriate prevention and screening.

**Recent Health**

In the past 12 months, have you been diagnosed with any STI? STIs include chlamydia, gonorrhea, genital herpes, HPV, genital warts, HIV/AIDS, trichomonas, syphilis, pelvic inflammatory disease, and others.

- Yes
- No

Having had an STI recently may put you at higher risk for others STIs.

**Sexual History**

“Sex” includes oral, vaginal, or anal sex, and a sexual partner is somebody with whom you have had oral, vaginal, or anal sex.

1. In the past 12 months, have you had more than one sexual partner?
   - No
   - Yes

2. In the past 12 months, do you think your sexual partner(s) had any other partners?
   - No
   - Not sure
   - Yes

3. In the past 12 months, have you had sex with a new partner?
   - No
   - Yes

4. Are you currently planning on having sex with a new partner?
   - No
   - Not sure
   - Yes

5. In the past 12 months, how often have you used condoms during vaginal or anal intercourse?
   - Always
   - Some of the time
   - Never

**Interpretation**

If you answered “Yes” or “Not sure” to questions 1-4, you may be at higher risk for STIs. If you answered anything other than “Always” to question 5 (condom use), you may be at higher risk for STIs.

Consider making an appointment with a clinician for STI screening and/or with a sexual health peer educator to discuss prevention strategies.

**Sexual Health Resources**

**Tang Center resources:**

**Sexual Health Peer Educators: 642-2000**
Meet with a trained peer educator to talk about a personal STI prevention plan, how to make safer sex fun, sexual communication, LGBTIQ issues, and more! Partners are welcome to attend. Appointments are available Monday – Friday, 8-12PM and 1-4:30PM.

**Advice Nurse: 643-7197**
To ask a medical question or find out if you need an appointment, call the advice nurse Monday – Friday, 8AM – 4:30PM.

**Medical Appointments: 642-2000**
Get an STI test or meet with a clinician. Appointments are available Monday – Friday, 8-12PM and 1-4:30PM.

**Urgent care: 642-3188**
Urgent care sees students for immediate problems and symptoms. Open Monday – Friday, 8 AM – 6 PM, and Saturday 9 AM – 5 PM (academic year only).

**Online resources:**

**Tang Center:** Information on resources and various health topics. [http://www.uhs.berkeley.edu](http://www.uhs.berkeley.edu)

**Planned Parenthood:** Information on safer sex, birth control, emergency contraception, STIs, sexuality, and more. [http://www.plannedparenthood.org](http://www.plannedparenthood.org)

**American Social Health Association:** Fast facts and helpful information on STIs, including HIV/AIDS. [http://www.ashastd.org/](http://www.ashastd.org/)

**Go Ask Alice:** Non-judgmental Q&A website for college students, on topics including sexual health, sexuality, relationships, and much more (affiliated with Columbia University). [http://www.goaskalice.columbia.edu/](http://www.goaskalice.columbia.edu/)