

# Overdose - After Hospital Transport

November 2019

**You may be confused or upset about being in the hospital because of alcohol or other drugs, or may be wondering what happened. You are not alone! Here is some information that may be useful:**

1. you might want to contact someone you trust to be with you at the hospital or after you are discharged;
2. if you don't remember what lead up to being admitted to the hospital, you could ask your friends, roommates, hall-mates, or your resident advisor. Also, you could obtain the ambulance transport report, your hospital medical record, or your local police department report for more information;
3. you will be responsible for some costs, such as for the ambulance, the hospital, or a hospital physician's services. Do give the hospital your contact information and insurance information. If you receive bills later, do contact your insurance company to discuss payment. They may be able to help with installment plans. Also, you can contact the financial aid office at Cal to determine if you are eligible for loan adjustments for medical expenses;
4. your parents may learn about this: if they were called as your emergency contact from your residence hall or other place of residence, or if they receive any insurance-related billing statements at their home. You can contact your insurance company to request that any correspondence come to your local address;
5. UC Berkeley may learn about this: if you were transported from Cal property, like a residence hall, or if the police have submitted information to the Center for Student Conduct. This may be a violation of the Berkeley Campus Code of Student Conduct. Do look for correspondence from the campus in your email, (including junk mail,) or mailbox over the next few months. If you have any questions regarding the student conduct process, you can contact the Center for Student Conduct at 510-643-9069 or [studentconduct@berkeley.edu](mailto:studentconduct@berkeley.edu);

1. you may have legal consequences. For more information and advice about this, you can contact your local police department, or the Attorney for Students, Mark Lucia, at 510-642-3916;
2. Do read and complete the hospital discharge instructions, and request copies that you can bring home with you;
3. Make sure that you have a plan to get home safely: you could call a trusted person for a ride, take the 1 or 1R bus towards campus, (stop is located at Telegraph Ave & Webster) take a taxi, or walk;
4. You may want to talk with someone about what this means for your life, and how you make future choices about using alcohol or other drugs. Social Services at the Tang Center offers confidential counseling and support to help you explore ways to minimize harm associated with alcohol and other drug use. Please call if you would like to set up an appointment: 510 642-6074;
5. If you believe that you may have been sexually assaulted, Contact a PATH to Care Confidential Advocate on the Care Line at 510-643-2005: 24 hr urgent support for sexual violence, sexual harassment, dating/domestic violence and stalking. They will help you understand and make choices about any next steps you take.

*You may request a Sexual Assault Forensic Examination (SAFE) at Highland Hospital Emergency Dept. The purpose of a forensic exam is to preserve physical evidence of the sexual assault that can be helpful in a criminal prosecution. The exam is done in the county where the assault occurred, usually within the first 72 hours following an assault (the earlier, the better). The Confidential Advocate can advise how to access a SAFE.*

**We're here to help!** If you have any questions or want to talk more about this information, please contact UHS Social Services at 510-642-6074 or PartySafe@Cal at 510-643-9073. For medical services, call to speak to an advice nurse at 510-643-7197).

**This Resource Sheet was developed by PartySafe@Cal and the Alcohol and Other Drug Specialists at UHS. Updated 11/2019.**

- **PartySafe@Cal is a UHS-Tang Center Health Promotion initiative to improve drinking and party culture by decreasing alcohol-related problems. For more information: <http://partysafe.berkeley.edu> or 510-642-7202.**
- **Social Services offers confidential and non-judgmental counseling and consultation about your own use or that of a friend and family member. 510-642-6074**  
<https://uhs.berkeley.edu/counseling/social-services/counseling/alcohol-and-other-drugs>