**5 STEPS TO RESPOND TO AN OPIOID OVERDOSE**

**STEP 1**
Shout their name & shake their shoulders. Try to stimulate them.

**STEP 2**
Call 911 if unresponsive.* Perform steps 2 and 3 simultaneously if others are present.

**STEP 3**
Administer Naloxone: 1 spray into nostril, if they are unresponsive after verbal notification.

**STEP 4**
Perform rescue breathing and chest compressions.

**STEP 5**
If no improvement after 2-3 minutes, repeat steps 3 & 4. Stay with them.

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*If police respond, bystanders are protected by CA Good Samaritan law and the Campus Responsible Bystander policy. See our Guide to Calling 911.

**RECOVERY POSITION**
If the person begins breathing on their own, or if you have to leave them alone, put them in the recovery position.

Head should be tilted back slightly to open airway.

Hand supports head.

Knee stops body from rolling onto stomach.

**SIGNS OF OPIOID OVERDOSE**
- Person can’t be woken up
- Breathing is slow or has stopped
- Snoring or gurgling sounds
- Fingernails and lips turn blue or purple
- Pupils are tiny or eyes are rolled back
- Body is limp

**SIGNS OF OPIOID OVERDOSE RECOVERY**
- If the person begins breathing on their own, or if you have to leave them alone, put them in the recovery position.

**POSITION**
- Hand supports head.
- Knee stops body from rolling onto stomach.

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