

# TRANSFORMING BERKELEY'S VISION FOR CAMPUS WELLBEING

**Call to Action:** Embed health into all aspects of campus culture, across the administration, operations and academic mandates.

Senior leadership formally signed on to the international [Okanagan Charter](#) in August 2021, putting Berkeley at the national forefront of adoption. The charter's action framework can be leveraged to increase dialogue and research that informs health, equity, sustainability, and wellbeing initiatives on campus settings and in broader society.

## ACTION FRAMEWORK AND BERKELEY EXAMPLES

### EMBED HEALTH IN ALL CAMPUS POLICIES

Review, create and coordinate campus policies and practices with attention to health, well-being and sustainability, so that all planning and decision-making takes account of and supports the flourishing of people, campuses, communities and our planet.

- Anti-racist policies and practices
- [Faculty Equity Advisors](#)
- [Food and Beverage Choices Policy](#)
- [Sustainability and health](#)
- [Tobacco free](#)

### CREATE SUPPORTIVE CAMPUS ENVIRONMENTS

Enhance the campus environment as a living laboratory, identifying opportunities to study and support health and well-being, as well as sustainability and resilience in the built, natural, social, economic, cultural, academic, organizational and learning environments.

- [Berkeley Food Institute](#)
- [Charting a New Course to Health and Wellbeing](#)
- [Ergonomic design guidelines](#)
- [Healthier academic culture toolkit](#)
- [Healthy Department Certification](#)
- [Healthy Work Environments bi-annual series](#)
- [Multicultural Community Center](#)

### GENERATE THRIVING COMMUNITIES & A CULTURE OF WELL-BEING

Be proactive and intentional in creating empowered, connected and resilient campus communities that foster an ethic of care, compassion, collaboration and community action.

- [Centers for Educational Equity & Excellence](#) (students)
- [Centers for Educational Justice & Community Engagement](#) (students)
- [Greater Good Science Center](#) (students, employees)
- [Health Worker Program](#) (students)
- [LEAD Center](#) (student groups)
- [Residential Life](#) (students)
- [Wellness Ambassador Program](#) (employees)

### SUPPORT PERSONAL DEVELOPMENT

Develop and create opportunities to build student, staff, and faculty resilience, competence, personal capacity, and life-enhancing skills – and so support them to thrive and achieve their full potential and become engaged local and global citizens while respecting the environment.

- [Grow Your Career](#) (employees)
- [NOW Conference](#) (employees)
- [Physical Education Program](#) (students)
- [Recreational Sports](#) (employees, students)
- [Staff organizations](#) (employees)
- [University Health Services](#) (employees, students)

### CREATE OR RE-ORIENT CAMPUS SERVICES

Coordinate and design campus services to support equitable access, enhance health and well-being, optimize human and ecosystem potential and promote a supportive organizational culture.

- [Basic Needs Center](#) (students, employees)
- [Eat Well Berkeley](#) (employees)
- [Recalibrate](#) wellness website (students, employees)
- Telehealth & telecounseling services (students, employees)
- Virtual [health coaching](#) (students)
- [Wellness Fund](#) supporting new programs (students)

FOR MORE INFORMATION: [HEALTHYCAMPUS.BERKELEY.EDU](https://healthycampus.berkeley.edu)