

Snickerdoodle Shake

Ingredients

- 3 frozen, ripe bananas (leopard print bananas!)
- 1 cup ice
- 2.5 cups oat milk (or other milk)
- 3 Tablespoons Peanut Butter (or other nut butter)
- 2 teaspoons vanilla extract
- 2 teaspoons ground cinnamon + extra sprinkle for the top

Nutrition Tip:

Peel, slice, and freeze browning bananas to use in this recipe



Directions

Put ingredients in blender. Blend until smooth.

If desired, serve topped with a dash of cinnamon. Enjoy!

Recipe adapted from:

www.gratefulplateful.com/?p=141

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