

Snickerdoodle Shake

Ingredients

- 3 Frozen, Ripe Bananas (leopard print bananas!)
- 1 Cup Ice
- 1 Cup Soy Milk (or other milk)
- 2 Tablespoons Peanut Butter (or other nut butter)
- 1/2 Teaspoon Vanilla Extract
- 1/2 Teaspoon Ground Cinnamon



Directions

1. Pick ripe bananas and freeze. The riper and more brown spots, the sweeter the bananas.
2. Put ingredients in blender. Enjoy!

Recipe adapted from: www.gratefulplateful.com/?p=141

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