

# Pinwheel Sandwich

## Ingredients

- Whole wheat tortilla or flatbread
- Thinly sliced turkey/tofurky
- Flavored cream cheese: roasted red pepper
- Shredded vegetables: purple cabbage, red bell peppers, green onions, celery, and carrots



## Directions

1. Spread flavored cream cheese on whole wheat tortilla or flatbread.
2. Layer thinly sliced turkey/tofurky over cream cheese.
3. Sprinkle with shredded vegetables. Be sure to leave a couple inches of cream cheese uncovered--this will help hold the pinwheels together.
4. Roll the bread tightly lengthwise, then slice into 8-10 pinwheel sandwiches.

*Add one of these **yummy GBC snacks** to round out your meal:*

- Plain greek yogurt with walnuts and honey
- An apple or banana and peanut butter
- Carrots and hummus

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