

Minestrone Soup

Ingredients

- 1 jar of pasta sauce (Newman's Own Tomato Basil)
- 4 cups of water (add more as desired)
- 1 cup of uncooked whole wheat pasta
- 1 bag mixed vegetables (10 oz frozen, or fresh chopped carrots & celery)
- 1 can (12 oz) beans (garbanzo or pinto)
- 5 cloves garlic, chopped
- Salt and pepper to taste
- *Optional: 1 teaspoon dried oregano, 1 teaspoon dried basil*



Directions

1. Boil jar of pasta and 4 cups of water. Stir in pasta, frozen mixed vegetables, and canned beans. Cook for 10-15 minutes, until vegetables and noodles are tender.
2. Ready to eat! You can pour leftovers into Tupperware and freeze to enjoy later.

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