

Crunchy Berry Parfait

Ingredients

- 1/2 cup yogurt, non-fat vanilla
- 1 cup blueberries or strawberries (frozen or fresh)
- 1/2 cup crunchy cereal (Puffins cereal!) or granola



Directions

Spoon yogurt into glass, then top with fruit and crunchy cereal or granola.

Recipe adapted from

<https://whatscooking.fns.usda.gov/recipes/supplemental-nutrition-assistance-program-snap/crunchy-berry-parfait>

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