Confetti Bean Salsa

Ingredients

- 1 can black or red kidney beans (15 oz)
- 1 can corn (15 oz)
- 1 cup of salsa
- Optional: chopped cilantro, green peppers, tomatoes, or lime juice

Directions

1) Drain and rinse the beans with water. Drain the corn.

Enjoy with whole grain chips/crackers, whole grain bread or on top of a salad!

Recipe adapted from
https://whatscooking.fns.usda.gov/recipes/supplemental-nutrition-assistance-program-snap/confetti-bean-salsa

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