

Chili Lime Cucumber Salad

Ingredients

- 2 large English cucumbers (or 6 Persian cucumbers, thinly sliced)
- 1/4 of a red onion, very thinly sliced
- 1 jalapeno, seeded and finely diced
- 3-4 tablespoons fresh lime juice (= ~2 limes)
- 2 tablespoons olive oil
- 1/2 teaspoon salt, or more to taste
- 1/2 teaspoon chili flakes
- 1/2 bunch cilantro, chopped

Nutrition Tip: Serve this as a side salad with a protein and grain/starch for a balanced meal. It would be delicious on top of a [burrito bowl](#).



Directions

Place all ingredients in a bowl, and gently toss. Taste, and adjust salt and acid as needed.

Recipe adapted from feastingathome.com

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