

Carrot-Apple Slaw

Ingredients

- 1/4 cup dried cranberries
- 1/2 Granny Smith apple, un-peeled, cored, and shredded or sliced into matchsticks
- 2 large shredded carrots
- 1/4 small onion, thinly sliced
- 2 tablespoons chopped cilantro
- 1/4 cup pumpkin seeds, toasted
- 2 tablespoons olive oil
- 1/4 cup orange juice
- Freshly ground black pepper



Directions

In a bowl, toss all ingredients together.

Serves: 4. Share with friends, or make a smaller portion and add to grains + protein for a balanced meal!

Recipe adapted from deliciousliving.com

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