

Greek Yogurt with Banana and Sliced Almonds

Ingredients

- 1/2 cup non- or low-fat greek yogurt
- 1 cup sliced bananas
- 1/4 cup sliced almonds
- 1 Tbsp of honey



Directions

Spoon yogurt into glass, then top with sliced bananas and almonds. Add honey for additional sweetness!

Get more recipes at
uhs.berkeley.edu/studentnutrition