

Ambrosia Salad

Ingredients

- 1 cup canned mandarins, drained (save the juice)
- 1 cup called pineapple tidbits, drained
- 1 cup of fruit of choice, diced: apple, grapes, banana
- 1/2 cup vanilla yogurt
- 1/2-1 cup dried coconut chips
- *Optional: sliced almonds, granola or cereal for crunch*

Nutrition Tip:
Combining different fruits and toppings into a salad gives you more ways to enjoy fruit as a sweet treat.



Directions

1. Add all ingredients to a large bowl and stir.
2. Add a little of the canned juice to sweeten it as desired.
3. Serve and enjoy!

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