MEET YOUR PRIMARY CARE TEAM

Primary care teams are based in Clinic Teams 1-3, and usually consist of doctors, nurse practitioners, clinic nurses, medical assistants, and Behavioral Health Providers (BHPs). UC Berkeley students are automatically assigned a Primary Care Provider (PCP) on registration, based in one of these clinics. We strongly encourage you to see your PCP or one of the other members of their team whenever you visit Primary Care in order to best coordinate your needs—the better we get to know you, the higher quality and more efficient your care! However, should you wish to change your PCP based on specialty interest or personal preference you are always able to do so online through eTang, and we frequently consult with each other to ensure you receive the best possible care.

PCPs

Clinic 1
- Allison Aiken, MD
- Lynne Alper, MD
- Elizabeth Hedelman, MD
- Annie Hope, MD

Clinic 2
- Michelle Kay, NP
- Maile Matier, NP
- Heather Readhead, MD

Clinic 3
- Charlene Fernandez, NP
- Julia Gourd, NP
- Sheng Hsu, NP
- Cathryn Imperato, NP

Clinic Nurse

Clinic 1
- Stephanie DeLeon-Valencia, RN

Clinic 2
- Favian Castro, RN

Clinic 3
- Carmen Lee, RN

BHPs

Clinic 1
- Michael Waldo, PhD
- Sara Yap, PsyD

Clinic 2
- Sahar Dorani, PsyD
- Tony Pollard, PsyD

Clinic 3
- Raghav Suri, PsyD
- Catherine Ciano, PhD

New to UHS? Check out Go Tang: uhs.berkeley.edu/gotang

Hours:
uhhs.berkeley.edu/hours

Main phone number: (510) 642-2000
After hours/Advice: (510) 643-7197

Address: 2222 Bancroft Way
Berkeley, CA 94720

etang.berkeley.edu

- Schedule appointments
- View lab results
- Order Rx refills
- Self-directed testing
- Complete forms online
- Select Primary Care Provider
- Secure message:
  - Primary Care Team
  - Advice Nurse
  - Counselors
  - Student Health Insurance
  - Medical records

Appointments & Advice

- Need a routine primary care appointment? Schedule online: etang.berkeley.edu or call (510) 642-2000.
- Unsure of what you need? Call the advice nurse: (510) 643-7197.
- If you have a severe illness or trauma, please go directly to Urgent Care.

If you have a life threatening condition that requires immediate attention, please call 911.
What to bring to your first appointment:

- Your insurance card if you do not have the Student Health Insurance Plan.
- A list of current prescription and non-prescription medications, vitamins and supplements.
- A description of your concern, how long you have had it, and how it affects you.
- Lab data, x-ray reports, and/or records from other clinicians you have seen.
- Your immunization record.
- A list of questions you would like to discuss with a member of the team.

Prescriptions

- UHS has a convenient pharmacy on site. If you prefer to use an outside pharmacy, please provide the name and fax number to your clinician.
- To refill existing prescriptions at UHS Pharmacy: For most efficient service, log-in to the eTang patient portal.
- If you have questions about a new prescription or about discontinuing medication(s), please contact the pharmacy at (510) 642-3249.

After-Hours Care

- The After-Hours assistance line at (510) 643-7197 can connect you to community resources for urgent medical or mental health problems that cannot wait until the Tang Center is open.
- If you need to speak with a counselor urgently, call the 24/7 counseling line at (855) 817-5667.
- SHIP members may contact the Anthem 24/7 nurse line at (800) 681-4065.
- If you have SHIP and receive care at an emergency room or urgent care center, please let us know by calling (510) 643-7197 within 48 hours so we can assist with follow-up care as needed.
- If you have SHIP, contact the Student Health Insurance Office as soon as possible after an emergency room or hospitalization for authorization (510) 642-5700.
- NEW: LiveHealth Online is available for online video appointments (telemedicine) with a physician when the Tang Center is closed. See uhs.berkeley.edu for details.

Laboratory and Diagnostic Tests

- **Self-directed testing.** Self-directed testing is available for pregnancy and common sexually transmitted infections without an appointment through the online patient portal, etang.berkeley.edu.
- **Onsite clinical laboratory.** We draw blood at the onsite clinical laboratory on the first floor. While many tests are done onsite, some lab tests go to Quest or similar laboratories for analysis.
- **Radiology.** Routine digital radiology tests are done by the Radiology department located behind the main elevator and most can be done on the same day. We will refer you for any additional tests that you will need and advise you how to schedule them.
- Your primary care provider or a member of the team will call or secure message you to discuss results of any concerning tests that need follow-up. Most lab results are available in the medical records tab in the patient portal. **Please be sure we have your current email in our system so we can secure message you.**

Payments

If you are a student you may choose to pay any fees associated with your visits or have the balance billed to your CalCentral account.

The cashier is located on the first floor of the Tang Center.

**Payment for services:**
- Visa, Mastercard, Discover, Debit Card
- Bill to CalCentral
- Cal 1 Card (campus debit card)
- Cash or Check

**Don't have SHIP?**
University Health Services does not bill other outside insurance plans, only SHIP.

Special Accommodations

- The practice is accessible by wheelchair.
- Please let us know if you prefer to receive your care in another language.
- Please let us know if you have special needs.
- A patient attendant is required for some sensitive exams and always available upon request.