MEET YOUR PRIMARY CARE TEAM

Primary care teams are based in Clinic Teams 1-3, and usually consist of doctors, nurse practitioners, clinic nurses, medical assistants, and Behavioral Health Providers (BHPs). UC Berkeley students are automatically assigned a Primary Care Provider (PCP) on registration, based in one of these clinics. We strongly encourage you to see your PCP or one of the other members of their team whenever you visit Primary Care in order to best coordinate your needs—the better we get to know you, the higher quality and more efficient your care! However, should you wish to change your PCP based on specialty interest or personal preference you are always able to do so online through eTang, and we frequently consult with each other to ensure you receive the best possible care.

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<tr>
<th>PCPs</th>
<th>CLINIC 1</th>
<th>CLINIC 2</th>
<th>CLINIC 3</th>
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<tbody>
<tr>
<td>Allison Aiken, MD</td>
<td>Michelle Kay, NP</td>
<td>Charlene Fernandez, NP</td>
<td>Cynthia Carmichael, MD</td>
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<td>Lynne Alper, MD</td>
<td>maile Matier, NP</td>
<td>Lyne Lazarus, MD</td>
<td>Rosemarie Bersabe, FNP</td>
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<td>Elizabeth Hedelman, MD</td>
<td>Heather Readhead, MD</td>
<td>Julia Gourd, NP</td>
<td>Jeff Nelson, MD</td>
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<td>Annie Hope, MD</td>
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<td>Sheng Hsu, NP</td>
<td>Rena Tacdol, MD</td>
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<td>Cathryn Imperato, NP</td>
<td>Anna Harte, MD</td>
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<th>Clinic Nurse</th>
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<tr>
<td>Stephanie DeLeon-Valencia, RN</td>
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<td>Favian Castro, RN</td>
<td>Carmen Lee, RN</td>
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<th>BHPs</th>
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<tr>
<td>Alison McInnes, MD</td>
<td></td>
<td>Sahar Dorani, PsyD</td>
<td>Catherine Ciano, PhD</td>
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<td>Robyn Paphakis Shannon, PsyD</td>
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<td>Tony Pollard, PsyD</td>
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<td>Michael Waldo, PsyD</td>
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<td>Raghav Suir, PsyD</td>
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<td>Sara Yap, PsyD</td>
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After hours/Advice: (510) 643-7197

etang.berkeley.edu

- Schedule appointments
- View lab results
- Order Rx refills
- Self-directed testing
- Complete forms online
- Select Primary Care Provider
- Secure message:
  - Primary Care Team
  - Advice Nurse
  - Counselors
  - Student Health Insurance
  - Medical records

Need a routine primary care appointment? Schedule online: etang.berkeley.edu or call (510) 642-2000.

Unsure of what you need? Call the advice nurse: (510) 643-7197.

If you have a severe illness or trauma, please go directly to Urgent Care.

If you have a life threatening condition that requires immediate attention, please call 911.
Your UHS Medical Home
Helping you manage your healthcare!

What to bring to your first appointment:
- Your insurance card if you do not have the Student Health Insurance Plan.
- A list of current prescription and non-prescription medications, vitamins and supplements.
- A description of your concern, how long you have had it, and how it affects you.
- Lab data, x-ray reports, and/or records from other clinicians you have seen.
- Your immunization record.
- A list of questions you would like to discuss with a member of the team.

If you are seen at another facility while a student at UC Berkeley:
- Be sure to ask that any documentation be sent to the UHS to help you maintain a complete health record. Medical records fax number is (510) 642-1801.

Prescriptions
- UHS has a convenient pharmacy on site. If you prefer to use an outside pharmacy, please provide the name and fax number to your clinician.
- To refill existing prescriptions at UHS Pharmacy: For most efficient service, log-in to the eTang patient portal.
- If you have questions about a new prescription or about discontinuing medication(s), please contact the pharmacy at (510) 642-3249.

After-Hours Care
- The After-Hours assistance line at (510) 643-7197 can connect you to community resources for urgent medical or mental health problems that cannot wait until the Tang Center is open.
- If you need to speak with a counselor urgently, call the 24/7 counseling line at (855) 817-5667.
- SHIP members may contact the Anthem 24/7 nurse line at (800) 681-4065.
- If you have SHIP and receive care at an emergency room or urgent care center, please let us know by calling (510) 643-7197 within 48 hours so we can assist with follow-up care as needed.
- If you have SHIP, contact the Student Health Insurance Office as soon as possible after an emergency room or hospitalization for authorization (510) 642-5700.
- NEW: LiveHealth Online is available for online video appointments (telemedicine) with a physician when the Tang Center is closed. See uhs.berkeley.edu for details.

Payments
If you are a student you may choose to pay any fees associated with your visits or have the balance billed to your CalCentral account.

The cashier is located on the first floor of the Tang Center.

Payment for services:
- Visa, Mastercard, Discover, Debit Card
- Bill to CalCentral
- Cal 1 Card (campus debit card)
- Cash or Check

Don't have SHIP?
University Health Services does not bill other outside insurance plans, only SHIP.

Special Accommodations
- The practice is accessible by wheelchair.
- Please let us know if you prefer to receive your care in another language.
- Please let us know if you have special needs.
- A patient attendant is required for some sensitive exams and always available upon request.

updated 8/17/18