Intoxication Intervention Scale
Don’t let small problems become big problems. Intervene and seek support.

**SIGNs OF INTOXICATION**

- CUSP: Cold skin
- Unresponsive, Unconscious*
- Slow breathing
- Puking repeatedly

- Incoherent*
- Aggressive
- Harassing

- Confused*
- Dozing, Sleeping*
- Vomiting*

- Unsteady, Stumbling*
- Slurring
- More Impulsive

- Aware
- Relaxed
- Mindful

**CALL TO ACTION**

- **CALL FOR MEDICAL ASSISTANCE**
  911 or UCPD (510) 642-3333 from mobile. Put in the recovery position. Assist first responders. Stay with them. Check in after.

- **GET THEM HOME**
  Be direct and firm. Get others to help escort them from event. Keep yourself safe.

- **CUT THEM OFF**
  Trust your gut. Confront the situation. Offer Alert others and be clear and consistent.

- **SLOW THEM DOWN**
  Redirect their attention. Offer food, water, activities and socializing.

- **REINFORCE THEIR GAME PLAN**
  Name goals and boundaries. Keep checking in. Know where they're at.

*Behaviors that signal incapacitation. Incapacitation is being unable to understand the fact, nature, or extent of the sexual activity and/or being unable to consent due to the influence of drugs, alcohol, or medication.

If you want to learn more how intoxication factors into consent see Navigating Consent While Using Substances.

Learn more at: uhs.berkeley.edu/aodemergencyinterventions

*If police respond, bystanders are protected by CA Good Samaritan law and the Campus Responsible Bystander policy. See our Guide to Calling 911.