

Intoxication Intervention Scale

Don't let small problems become big problems. Intervene and seek support.

SIGNS OF INTOXICATION

CUSP: Cold skin
Unresponsive, Unconscious*
Slow breathing
Puking repeatedly

Incoherent*
Aggressive
Harassing

Confused*
Dozing, Sleeping*
Vomiting*

Unsteady, Stumbling*
Slurring
More Impulsive

Aware
Relaxed
Mindful



CALL TO ACTION

CALL FOR MEDICAL ASSISTANCE

911 or UCPD (510) 642-3333 from mobile.
Put in the recovery position. Assist first responders. Stay with them. Check in after.

GET THEM HOME

Be direct and firm. Get others to help escort them from event. Keep yourself safe.

CUT THEM OFF

Trust your gut. Confront the situation. Offer
Alert others and be clear and consistent.

SLOW THEM DOWN

Redirect their attention. Offer food, water, activities and socializing.

REINFORCE THEIR GAME PLAN

Name goals and boundaries. Keep checking in. Know where they're at.

* Behaviors that signal incapacitation. Incapacitation is being unable to understand the fact, nature, or extent of the sexual activity and/or being unable to consent due to the influence of drugs, alcohol, or medication.

If you want to learn more how intoxication factors into consent see Navigating Consent While Using Substances.

Learn more at: uhs.berkeley.edu/aodemergencyinterventions

**If police respond, bystanders are protected by CA Good Samaritan law and the Campus Responsible Bystander policy. See our Guide to Calling 911.*

