ALCOHOL POISONING
EMERGENCY INTERVENTION

If you see any of these alcohol poisoning signs, call 911 or UCPD (510) 642-3333 from cell phones. When police or medical assistance arrive, addressing the life safety issue is the top priority.

**Cold, clammy, pale or bluish skin**
**Unconscious or unable to be roused**
**Slow or irregular breathing**
**Puking repeatedly or uncontrollably**

**BE SURE TO:**
- Make sure your friend is lying on their side to prevent choking
- No food, drink, or drugs if vomited in the last three hours
- Stay with your friend while waiting for help
- Don’t let your friend “sleep it off”

**WHEN TALKING TO 911 OR PARAMEDICS:**
- Give specific address
- Cooperate and ensure no interference
- Provide your name & phone number
- Establish the best location to meet & wait with the person at that location
- Ensure the patient has an ID, phone, keys, cash and emergency contact information on them, if possible
- Communicate what & how much was consumed, where it came from, & if they’ve vomited
- Offer to accompany or pick up when released

**RECOVERY POSITION:**
Make sure the airway isn’t blocked, then put them in the recovery position to avoid aspirating:

1.  
2.  
3.  
4.  

**DON’T GIVE ALCOHOL TO ANYONE WHO IS OBVIOUSLY INTOXICATED**

Learn more at:
uhs.berkeley.edu/aodemergencyinterventions

*If police respond, bystanders are protected by CA Good Samaritan law and the Campus Responsible Bystander policy. See our Guide to Calling 911.*