

2025-26 Health Worker Role & Responsibilities

Updated 02-05-2025



Term of Service	2025-26 Academic Year
Reports to	Unit Health Worker Coordinator
Compensation	2 P/NP Units PH198
Time Commitment	6-8 hours per week

Overall Responsibility

Health Workers use health education and peer advising activities to promote healthy personal practices, including self-care, risk management, and appropriate use of home-care and/or health care services. Health Workers are not doctors, paramedics, or pharmacists and are not trained to provide medical triage, diagnosis, services or medications but are still a valuable “local first point of contact” in their residential or organizational community. Health Workers act individually and as a team in their unit. They also collaborate and liaison with Unit and UHS staff to minimize student health problems (e.g. alcohol and other drug use/abuse; stress; infectious disease; and mental, social and sexual health issues) and maximize student wellness, stability and success. Health Workers are responsible for the activities below.

Community Health Education

- Health Tips – Write, copy and post weekly in a variety of ways
- Use communication resources effectively, e.g. bulletin boards, social media, email, and word of mouth.
- “Health Tip Lives” on topics customized for the community. Health Tip Lives are interactive events based on specific college-health topics that are pertinent to the community you serve.
- Consult and assist UHS staff and community leaders with health-related plans and programs.

Individual Health Promotion Advising, Resources and Referrals

- Be available (in person, by phone and online) to offer students private individual advising, resources (information, light first aid & safer sex supplies) and referrals from a knowledgeable and non-judgemental peer.
- Follow-up with individual students per request of UHS staff and community leaders.

Liaison Activities

- Build effective working relationships with community leaders – meet regularly; establish priorities; collaborate.
- Exchange timely and accurate health-related information between UHS and community leaders.
- Volunteer 3 hours per semester at an outreach event hosted by the Tang Center or other health-affiliated group.

Other Requirements:

- Be available as a first point of contact for the peers where you **live** (*Res Halls, I-House, Bowles, Greek Houses*) or **study** (*Academic Departments*).
- Maintain an academic workload of no more than 18 units per semester (including Public Health 198, 2 units)
- Orientation: **Tuesday, May 6th, 2025 5-6pm**
- Summer background reading and passing grade on New Health Worker Quiz
- Fall Training: **Saturday & Sunday, August 30th & 31st, 2025; 1-5pm (both days)**
- Full participation in PH198 class - Tuesdays 5-6:30pm - **August 26th, 2025 thru April 28th, 2026** (excluding Winter Break)

To Apply:

- To apply check out the Health Worker Program website: <https://uhs.berkeley.edu/healthworkers>
 - **Applications open from March 1st - April 4th, 2025**
 - **Interviews held during the week of April 7th, 2025**
 - Applications accepted on a rolling basis until all open positions are filled.

For more information contact hwpcordinator@gmail.com or Lauren Magdaleno, Program Coordinator.
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