

# Patient Guide to Sensitive Exams at UHS

We understand that certain exams are more sensitive than others. We want to ensure you feel safe and comfortable at your visit!

## What is a sensitive exam?

A sensitive exam or procedure is one that involves a physical examination of the genitalia, rectum, or breast. It may involve any clinical staff member such as a physician or a nurse.

## Who else will be in the room during a sensitive exam or procedure?

Along with the clinician performing your exam, a **patient attendant** will also be present. A patient attendant is:

- ▶ A trained member of the UHS medical team.
- ▶ There to support both the clinician and the patient and witness the clinical interaction in an objective, non-judgmental manner.
- ▶ In the room for the entirety of the exam.
- ▶ Automatically assigned to be present during the exam.
- ▶ Mandated by the UC Office of the President and **required** at all UC medical facilities, including student health centers.

## Can I request a patient attendant of a specific gender identity?

Yes. Please tell your rooming Medical Assistant and we will do our best to accommodate you.

## What if I don't want a patient attendant present at my exam?

UHS follows an **opt-out** approach to providing patient attendants. We will provide an attendant for sensitive exams unless you state otherwise. You must **actively decline** having an attendant in the room for sensitive exams by telling your rooming Medical Assistant before the exam.

**Note: You are entitled to have a patient attendant present for any exam!**

