Flu Shot - 1 dose
Everyone should get a flu shot annually in the fall, especially people who are pregnant, smoke, or who have chronic illnesses/asthma. The flu shot may also be recommended for international travelers.

Hepatitis B Vaccine - 3 doses
The Hepatitis B vaccine is recommended for all sexually active people not in long-term monogamous relationships, all men who have sex with men, people with chronic liver disease, people who are traveling to areas of high Hepatitis B prevalence, and other people who want to be protected from Hepatitis B.

HPV Vaccine - 3 doses
The HPV vaccine is recommended for women and men through age 26 to protect against cervical, anal, and penile cancer, HPV-associated throat cancer, and genital warts. It is also recommended for men who have sex with men. It may be appropriate for some adults 27 through 45 to receive the HPV vaccine in consultation with their primary care provider.

Meningococcal Vaccine - 1 dose
The meningococcal vaccine is recommended for college students through age 21 who haven’t had a meningitis vaccine since age 16, adults with HIV infection, complement deficiency, or those without a spleen, and people who are traveling to high-risk areas.

Meningitis B Vaccine - Dosage Varies
The meningitis B vaccine is recommended for people with complement deficiency, those without a spleen, or people at increased risk because of an outbreak. Young adults 16-23 living in dorms or other housing should discuss with their physician. Continued on back...
**MMR Vaccine - 2 doses**
The MMR vaccine is recommended for all children over 1 year old. Teens and adults should get catch-up doses if they haven’t had 2 doses during their lifetime.

**Tdap Vaccine - 1 dose**
The Tdap vaccine is recommended for all adults who haven’t had the Tdap vaccine before as well as all pregnant people during their 3rd trimester.

**Varicella (Chickenpox) Vaccine - 2 doses**
The varicella vaccine is recommended for anyone who hasn’t had chickenpox before or received two doses of vaccine. Teens and adults should get catch-up doses if they haven’t met either of these qualifications.

**Hepatitis A Vaccine - 2 doses**
The Hepatitis A vaccine is recommended for all people with chronic liver disease, people who are traveling to countries with increased risk, homeless people, injectable drug users, men who have sex with men, and anyone else who wants to be protected.

**Pneumococcal (PPSV) - 1 dose**
The pneumococcal vaccine is recommended for all people with chronic cardiac or pulmonary disease (including asthma), chronic liver disease, alcoholism, diabetes, smokers, people with sickle cell disease or lowered immunity, and everyone 65+.

**PCV13 - Dosage Varies**
The PCV13 vaccine is recommended for adults 19-64 who have a CSF leak or cochlear implants. It’s also recommended for those who are immunocompromised or who don’t have a spleen.

**Vaccine Costs and Other Information**
SHIP covers 100% of vaccines through UHS. It covers 90% through a Wellfleet provider with prior authorization. If you have other insurance, your vaccines may be covered - call your health plan for details. Please enter immunization history on eTang and bring your immunization record to your appointment if possible!