

<b>Health Care Workers (UHS and School of Optometry)</b>	<b>General Public Campus Student Workers</b>
<a href="#">CDPH AFL -21-08.9</a> last updated 12.2022	<a href="#">CalOsha 1.9.24</a> <a href="#">CDPH 1.9.24 - On Testing</a> <a href="#">CDPH 1.9.24 - On Isolation</a>
<p style="text-align: center;"><b>Testing, if you have symptoms:</b></p> <p><b>Stay home and test for COVID-19</b></p> <ol style="list-style-type: none"> <li>1. Test right away with antigen testing</li> <li>2. If negative, and symptoms continue, test again in 24 hours with an antigen test</li> <li>3. If negative, and symptoms continue, do a 3rd antigen test in 24hrs, or get a PCR.             <ul style="list-style-type: none"> <li>➤ Call your doctor for ongoing symptoms.</li> </ul> </li> </ol>	
<p style="text-align: center;"><b>Reporting:</b></p> <p>If you test <b>POSITIVE</b>, please report your positive test result through the <a href="#">eTang portal</a>.</p>	
<p style="text-align: center;"><b>Infectious Period:</b></p> <p>The potential infectious period is 2 days before symptoms start or the positive test date (if no symptoms) through Day 10. (Day 0 is the symptom onset date or positive test date).</p> <p style="text-align: center;">Avoid contact with anyone who might be at high risk for severe disease.</p>	
<p><b>Return to Work after testing POSITIVE:</b></p> <ol style="list-style-type: none"> <li>1. Isolate for at least 5 days</li> <li>2. To return to work between day 6-10:             <ul style="list-style-type: none"> <li>○ Must be fever-free for 24 hours, be improving, and have a <b>negative test taken on day 5 or after</b></li> <li>○ Must still wear a mask for full 10 days</li> </ul> </li> <li>3. Can return to work on day 11 if feeling better (no negative test needed)</li> </ol>	<p><b>Return to work after testing POSITIVE:</b></p> <ol style="list-style-type: none"> <li>1. If you had symptoms, return to work when:             <ul style="list-style-type: none"> <li>○ 24hrs have passed with no fever <b>AND</b></li> <li>○ symptoms are improving</li> </ul> </li> <li>2. If you do <b>not</b> have symptoms, you may continue to be at work</li> <li>3. Anyone who has tested positive must wear a <b>mask at work for 10 days</b> after symptom onset/positive test date</li> </ol>
<p><b>Close Contacts:</b> Testing recommendation (for HCW)</p> <ol style="list-style-type: none"> <li>1. Test on identification of exposure</li> <li>2. Test again on day 3 and 5 after exposure</li> <li>3. Monitor for symptoms for 10 days after exposure</li> <li>4. Test again if symptoms develop</li> </ol>	<p><b>Close Contacts:</b> No routine testing is recommended for the general public after exposure</p> <p>Testing is recommended:</p> <ol style="list-style-type: none"> <li>1. <b>Only</b> if you are at high risk for severe disease <b>OR</b></li> <li>2. If you get symptoms</li> </ol> <p>Other testing information:</p> <ul style="list-style-type: none"> <li>● Employers must still provide free covid testing for employees who are close contacts</li> <li>● Outbreak situations still require testing of all close contacts and the exposed group</li> </ul>