# Ergonomic Accessories

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1. Login at [https://blu.berkeley.edu/](https://blu.berkeley.edu/) (CalNet ID and password)
2. Click “Buying” tab at the top left bar
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4. Click on the item’s Vendor punch out tab
5. Type in the MFG# in the search box
6. Type in quantity
7. Click “add to cart”

<table>
<thead>
<tr>
<th>Product</th>
<th>Part Number</th>
<th>Description</th>
<th>Image</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fellows Standard Monitor Riser</td>
<td>MFG #: E691712</td>
<td>- Features 3 different height adjustments from 2” to 4”&lt;br&gt;- Raises screen to promote safe neck posture&lt;br&gt;- Supports single monitor and a maximum weight of 60lbs</td>
<td><img src="image1.png" alt="Image" /></td>
<td>$19.16</td>
</tr>
<tr>
<td>3M Adjustable in-line copy holder (14in)</td>
<td>MFG #: MMMDH630</td>
<td>- 14 inch wide centralized document holder&lt;br&gt;- Positioned between monitor and keyboard&lt;br&gt;- Reduces forward and sideways neck bend&lt;br&gt;- Angle and height adjustability&lt;br&gt;- 22” Height x 14” Width x 4” Depth</td>
<td><img src="image2.png" alt="Image" /></td>
<td>$48.40</td>
</tr>
<tr>
<td>3M Adjustable in-line copy holder (18in)</td>
<td>MFG #: DH640</td>
<td>- 18 inch wide centralized document holder&lt;br&gt;- Positioned between monitor and keyboard&lt;br&gt;- Reduces forward and sideways neck bend&lt;br&gt;- Angle and height adjustability&lt;br&gt;- 12” Height x 18” Width x 9” Depth</td>
<td><img src="image3.png" alt="Image" /></td>
<td>$58.57</td>
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<tr>
<td>Fellowes Desktop Copy Holder</td>
<td>MFG #: E621126</td>
<td>- Angles document upright to reduce neck bend&lt;br&gt;- Adjusts for height and viewing angle&lt;br&gt;- Pivoting line guide adjusts vertically&lt;br&gt;- Holds 150 sheets of paper&lt;br&gt;- 12.8” Height x 9.1” Width x 8” Depth</td>
<td><img src="image4.png" alt="Image" /></td>
<td>$27.35</td>
</tr>
<tr>
<td>3MDH445 Side Mounted Copy Holder</td>
<td>MFG #: E6DH445</td>
<td>- Designed to mount to flat panel monitors and traditional CRT Monitor&lt;br&gt;- Keeps documents in an easy to read, upright position&lt;br&gt;- Can mount on right or left side of monitor&lt;br&gt;- 9” Height x 8.5” Width x 2.5” Depth</td>
<td><img src="image5.png" alt="Image" /></td>
<td>$19.56</td>
</tr>
<tr>
<td>Goldtouch Gel Mouse Pad</td>
<td>MFG #: GT6-0003</td>
<td>- Provides gel padded area to rest hand&lt;br&gt;- Raises input device 3/4 inch</td>
<td><img src="image6.png" alt="Image" /></td>
<td>$18.98</td>
</tr>
<tr>
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<td>Part Number</td>
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<td>Price</td>
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| 3M Gel Wrist Rest – Black                   | MFG #: E6WR310LE | - Fits standard keyboards  
- Gel filled to reduce contact stress at wrist  
- Leatherette cover feature antimicrobial product protection  
-.75" Height x 19" Width x 2.8" Depth | ![Image] | $15.11 |
| Goldtouch Split Wrist Rests                 | MFG #: GT7-0003 | - Gel filled wrists pads to reduce contact stress  
- Split design for Goldtouch, Kinesis and mini keyboards  
- Assists with keeping wrists straight while resting | ![Image] | $17.25 |
| Rubbermaid Height Adjustable Footrest       | MFG #: E94653 | - 18.5W x14Dx4W inches  
- Tilts 15 degrees forward and backward  
- 3 height adjustments within a 2-1/2 range | ![Image] | $56.39 |
| 3M Ergonomic Adjustable Footrest            | MFG #: E6FR330 | - 18Wx 13D x 4H inches  
- Height adjustment from 4" to 5".  
- Stable with slight tilting action  
- Soft bumps on top surface | ![Image] | $48.38 |
| Humanscale FM300 Foot Machine Footrest      | MFG #: FM300 | - 16Wx 8.8D x 6H inches  
- 3 inch height range: 3.75"-6.75"  
- Gliding footrest to move feet  
- Non-Skid Surface | ![Image] | $67.86 |
| Humanscale FM500 Foot Rocker Footrest       | MFG #: FM500C | - 16.8W x 12.2D x 4.5H inches  
- Rocking footrest for movement and stability | ![Image] | $78.23 |