FOR SUPERVISORS: HOW TO PROMOTE AN ERGONOMIC WORKPLACE

• Learn about ergonomic risk factors for jobs in your department and ways to minimize these risks.
• Make ergonomics training available for staff and encourage employee input in ergonomic problem solving.
• Designate a computer workstation evaluator for your department and support his or her efforts by providing time to perform evaluations and resources to implement recommended modifications.
• Contact the campus Ergonomics Specialist for a worksite assessment of non-computer jobs involving ergonomic risk factors.
• Provide ergonomic workstation furniture and job tools.
• Promote frequent, short rest breaks and alternative work activities for staff performing highly repetitive tasks.
• Encourage staff to report symptoms early.
• Send injured employees for medical treatment, report injuries promptly, and implement work restrictions and workplace modifications.
• Seek assistance on ergonomic issues from campus resources when necessary.

Questions? Please call Ergonomics@Work (510) 643-2540 or email ergotf@uhs.berkeley.edu