Let’s Talk!
Drop-In Consultations

Informal, brief, free consultations with UHS mental health counselors

The counselors have expertise and competency in working with underrepresented students on campus. All counselors work with students who are experiencing symptoms of anxiety, depression, and relationship concerns.

For Let’s Talk, no appointment is necessary and there is no paperwork to complete. For urgent concerns or to schedule an appointment with a counselor, call CAPS at (510) 642-9494.

DROP-IN HOURS

For most up to date schedules, please visit uhs.berkeley.edu/satellite/chavez or scan the QR code to the right.

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COUNSELORS

- **Adisa Anderson, PhD**
  - Multicultural Counseling
  - First Generation Students
  - Multicultural & Intersecting Identities
  - Students of Color

- **Yi Du, PhD**
  - Multicultural Counseling
  - Adjustment Issues
  - Identity Development

- **Shanta Jambotkar, LCSW**
  - LGBTQIA, QPOC
  - South Asian Diaspora
  - Immigrant and Next Generations
  - Women of Color

- **Jeff Lee, LCSW**
  - Mindfulness, Activity, and Nature for Wellness
  - Underserved Populations
  - Transitions

- **Paige Lee, PhD**
  - Multicultural Counseling
  - Academic/Career
  - Identity Development
  - Family of Origin
  - First Generation Students

- **Tiffany Hsiang Lin, LCSW**
  - Sexual/Intimate Partner Violence
  - LGBTQIA+ issues
  - Multicultural & Intersecting Identities

- **Cynthia Medina, PhD**
  - Multicultural Counseling
  - Students of Color
  - First Generation Students
  - Family and Relationships
  - Grief and Loss
  - Transfer/Re-entry Students

- **Veronica Orozco, PhD**
  - Students of Color
  - First Generation Students
  - Student Athletes

- **Sam Tourek, PhD**
  - Multicultural Counseling
  - Men's Issues
  - Student Athletes
  - Cal Band

COUNSELING + PSYCHOLOGICAL SERVICES
2322 Bancroft Way, 3rd Floor, Berkeley, CA 94720
uhs.berkeley.edu/counseling
(510) 642-9494