Support Connecting to an Off-Campus Mental Health Provider

**Tuesday, May 12, 19, and 26**

**4:15-5pm**

Are you looking to connect with either a therapist or psychiatrist in the community for ongoing care? Have you moved out of state or out of the country and are unsure how to utilize your SHIP benefits for mental health?

This workshop is for students who need support connecting to a provider off-campus and will be useful for both students with SHIP or with other insurance plans.

*Please note that students will be required to provide their student ID number to the facilitator using the private chat function*

**Zoom Link & Meeting ID at** [uhs.berkeley.edu/coronavirusmentalhealth](uhs.berkeley.edu/coronavirusmentalhealth)

**Facilitator:**

Alyssa Panyawai, LCSW

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