

For Computer Health and Safety

Computer Workstation Evaluation:

- 4-hour training classes for departmental computer workstation evaluators
Contact: Be Well at Work-Ergonomics, (510) 642-5549
- Advice or consultation regarding workstation evaluations
Contact: Be Well at Work-Ergonomics, (510) 643-2540

Computer Workstation Modifications:

- Ergonomic workstation furniture and accessories
Contact: UC Furniture, 1-877-722-9090 (toll free)
- Matching Funds program for purchase of ergonomic workstation furniture
Contact: Be Well at Work-Ergonomics, (510) 643-2540

Medical and Vision Care:

- Medical care for health problems related to computer use
Contact: Occupational Health Clinic -- (510) 642-6891
- Eye Exams for computer users
Contact: School of Optometry Computer Eye Clinic -- (510) 642-2020 or (510) 643-2020.

Health and Safety Training:

- Health and safety training for computer users, in person and online
- Training for department computer workstation evaluators
Contact: Be Well at Work-Ergonomics, (510) 642-5549

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