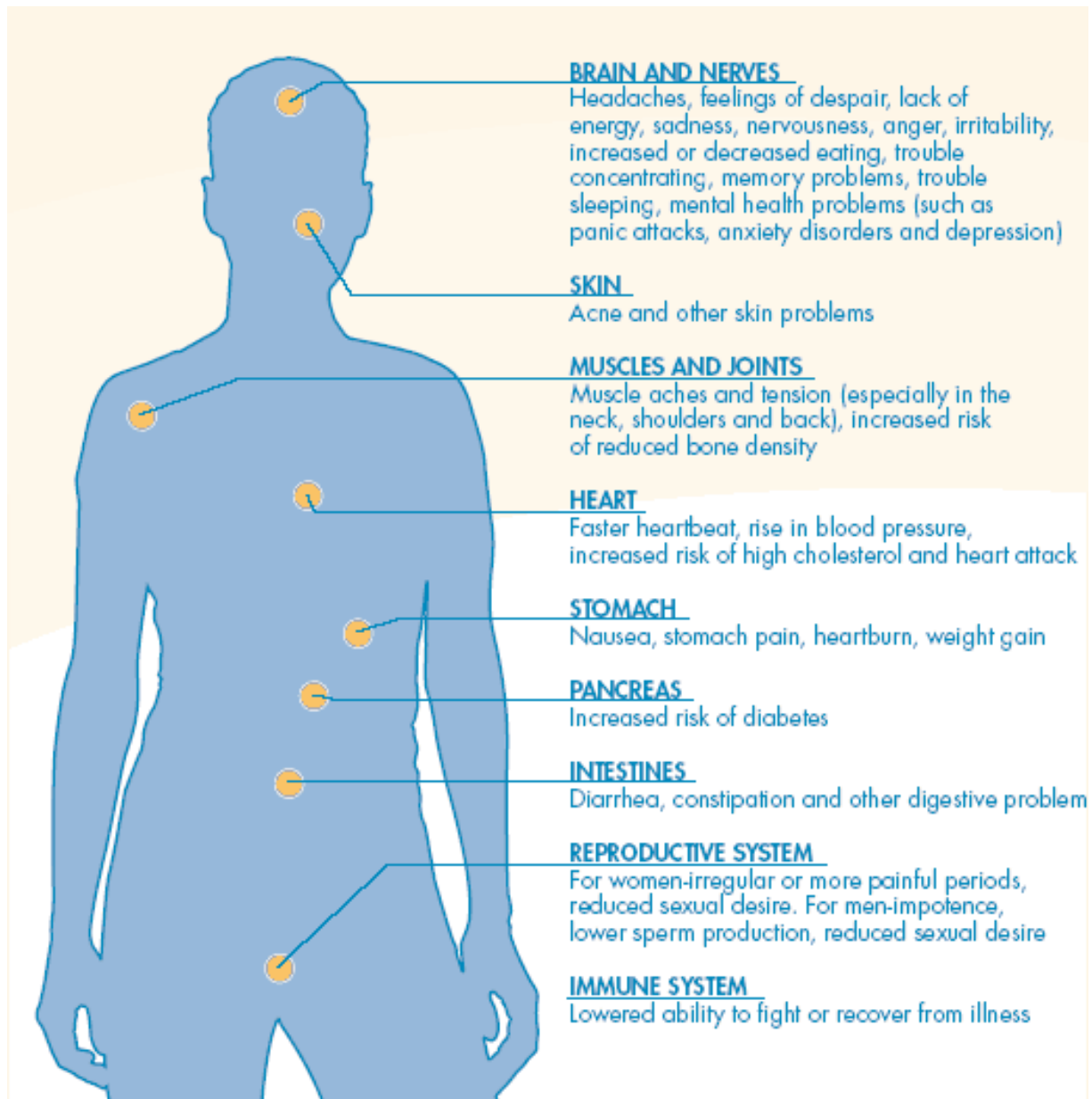


# Keep Your Body Healthy!

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Be  
WELL  
TO DO  
WELL



Graphic courtesy of Mental Health America: <http://www.mentalhealthamerica.net/>