Arugula Pesto

Serves 6-8 Allergens: Contains tree nuts











Ingredients

- 2 cups arugula
- 1/3 cup olive oil
- ¼ cup walnuts or toasted pine nuts
- 1 tablespoon nutritional yeast
- zest and juice of ½ lemon or to taste
- 1 clove garlic
- ½ teaspoon salt

Directions

- 1. Combine all ingredients except olive oil in a food processor and pulse. Pour in olive oil while mixing until smooth.
- 2. You can add more olive oil, salt or lemon juice to reach desired consistency and flavor.

Serving Suggestions

- Warm pasta with tomatoes, broccoli, and/or zucchini
- Pasta salad with tomatoes and cucumber
- Spread on toasted bread as an appetizer
- Put a dollop on soup for extra flavor
- Use as a sandwich spread or mix with mayo to make aioli

Recipe from Spring Veggies to Cook and Grow, Spring 2021



