

ALLERGY INJECTION INFORMATION FOR STUDENTS

HOW TO GET STARTED:

1. **Print** this information sheet, letter for your doctor and Allergy Immunotherapy Orders Form.

Your physician **MUST** complete the Allergy Immunotherapy Orders Form and provide detailed instructions as described on the physician letter before it can be received at the University Health Services.

2. **Mail, fax or bring** the letter and form to your physician for completion.
3. **Store** your allergy antigens at the University Health Services. When needed, you will be advised to contact your allergist for additional antigens with new instructions.

OR

4. Ship your antigens by overnight Fed Ex or UPS shipping (Monday thru Thursday) to avoid delays or bring them to:

University Health Services
2222 Bancroft Way
Berkeley, CA, 94720-4300
Attention: Allergy/Travel Clinic

YOUR ALLERGY SHOTS: You should plan on an annual visit with your Allergist to monitor your progress.

1. Make appointments in advance for your injections going on-line through your e-Tang portal, visiting the appointment office or by calling (510) 642-2000 (see below).
 - Appointments are available Monday, Tuesday, Thursdays and Fridays. We are closed on holidays.
 - If you miss an allergy injection on the due date, schedule another appointment as soon as possible.
 - If you repeatedly miss injections, your allergy shots may have to be discontinued. There is an increased risk when a haphazard schedule is followed.
2. For your safety, you are required to wait 30 minutes in the clinic area after your injection. Please plan accordingly.
3. Immediately alert the allergy clinic of any adverse reactions you may experience.
4. Pick up your antigens at the end of each semester or academic year to transport to the prescribing allergist. We do not ship antigens.
 - We only store the antigens for students receiving their allergy injections at University Health Services during the summer.
 - All other antigens are discarded at the end of the academic year in June.

Note: We do not initiate allergy injections. You must have received one or more allergy injections at your physician's office without significant reactions before receiving injections at University Health Services.