ALLERGY INJECTION INFORMATION FOR STUDENTS

HOW TO GET STARTED:

1. **Print** this information sheet, letter for your doctor and Allergy Immunotherapy Orders Form.

   Your physician **MUST** complete the Allergy Immunotherapy Orders Form and provide detailed instructions as described on the physician letter before it can be received at the University Health Services.

2. **Mail, fax or bring** the letter and form to your physician for completion.

3. **Store** your allergy antigens at the University Health Services. When needed, you will be advised to contact your allergist for additional antigens with new instructions.

   **OR**

4. **Ship** your antigens by overnight Fed Ex or UPS shipping (Monday thru Thursday) to avoid delays or bring them to:

   University Health Services  
   2222 Bancroft Way  
   Berkeley, CA, 94720-4300  
   Attention: Allergy/Travel Clinic

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YOUR ALLERGY SHOTS: You should plan on an annual visit with your Allergist to monitor your progress.

1. **Make appointments in advance** for your injections going on-line through your e-Tang portal, visiting the appointment office or by calling (510) 642-2000 (see below).
   - Appointments are available Monday, Tuesday, Thursdays and Fridays. We are closed on holidays.
   - If you miss an allergy injection on the due date, schedule another appointment as soon as possible.
   - If you repeatedly miss injections, your allergy shots may have to be discontinued. There is an increased risk when a haphazard schedule is followed.

2. For your safety, you are required to wait **30 minutes** in the clinic area after your injection. Please plan accordingly.

3. **Immediately alert the allergy clinic of any adverse reactions** you may experience.

4. **Pick up your antigens at the end of each semester or academic year to transport to the prescribing allergist.** We do not ship antigens.
   - We only store the antigens for students receiving their allergy injections at University Health Services during the summer.
   - All other antigens are discarded at the end of the academic year in June.

Check our **Website:** uhs.berkeley.edu to learn more about this and other medical concerns.  
For **Appointments:** etang.berkeley.edu or call 510-642-2000  
For **Advice:** call 510-643-7197
Note: We do not initiate allergy injections. You must have received one or more allergy injections at your physician’s office without significant reactions before receiving injections at University Health Services.