

University Health Services

Patient Instructions for Spirometry Test

Please read and follow all instructions

For 4 hours prior to test:

- **Do not** use quick relief bronchodilator inhaler (e.g. albuterol, pirbuterol, metoprolol, Proventil®, Ventolin®, Maxair®, Alupent®)
- **Do not smoke.**
- **Avoid** coffee, chocolate, and caffeinated teas/soda.

Continue taking all of your other medications (including Serevent® and steroid inhalers) as directed.

Late arrivals may be asked to reschedule.

Pre-and Post-Medication Testing

- Please bring your quick relief bronchodilator inhaler to your test.
- Plan to spend approximately one hour for test.

24-Hour Cancellations - 643-7033

- Please call as early as possible.
- There is a fee for all appointments not canceled or rescheduled with 24-hour notice.

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Revised 9/16/99

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