MATERNITY: ARE YOU PLANNING OR THINKING ABOUT HAVING A BABY?

If you become pregnant - planned or unplanned - the next few steps depend on your needs and the timing of the pregnancy. Pregnancy is a time in a woman’s life where particular attention and care is recommended and certain medical conditions require additional management and treatment during pregnancy. Due to the specialized nature of pregnancy-related care, all patients are referred to medical providers outside the Tang Center for ongoing care and treatment.

PRENATAL CARE REFERRALS

Schedule a Social Services appointment
The staff at Social Services will be able to answer many of your questions regarding referrals to both family planning services and obstetrical/prenatal care. If you do not need the following, you may call and request an authorization to go straight to an obstetrician. (510) 642-6074

- Campus and community support services
- Great tips for managing early pregnancy symptoms and early self-care before you see your outside medical provider
- Information regarding referrals for services if you have SHIP or other private insurance
- Referral lists for family planning providers, midwives, and OB/GYN practices.
- What you need to know about obtaining insurance coverage for the baby
- Support and information regarding how to balance your medical care with a challenging academic schedule
- Information on adoption if you are considering this option

Resources at Tang
- Advice Nurse: Call (510) 643-7197
- Social Services: (510) 642-6074
- Physician or nurse practitioner

SHIP COVERAGE FOR MATERNITY

- All health care must begin at the University Health Services – Tang Center before seeking care with an outside Provider. Referrals are required for all services rendered outside the Tang Center, with the exception of emergency room and urgent care services.
- To obtain a referral to see an obstetric/gynecologist for prenatal and maternity services, please contact Social Services at (510) 642.6074.

This information is only valid for the 2015-2016 plan year. It may be modified for future plan years.
WHAT IS COVERED?

- Prenatal office visits: $15 co-pay for the first visit and subsequent visits are covered at 100% for network providers.
- Maternity: Deductible of $300 applies. After the deductible is met, 90% is covered for network providers. Please note, if you have already met your annual deductible for other services, you do not need to pay $300 again.

<table>
<thead>
<tr>
<th>Maternity Services</th>
<th>In Network</th>
<th>Out of Network</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diagnostic Care Visit - Outpatient</td>
<td>$15 copay, 100%*</td>
<td>60%</td>
</tr>
<tr>
<td>Diagnostic Labwork</td>
<td>90%</td>
<td>60%</td>
</tr>
<tr>
<td>Prenatal Care/Comprehensive Lactation Support and Counseling Services</td>
<td>100%*</td>
<td>60%</td>
</tr>
<tr>
<td>Breastfeeding Durable Medical Equipment</td>
<td>100%*</td>
<td>60%</td>
</tr>
<tr>
<td>Postnatal visits – Outpatient</td>
<td>100%*</td>
<td>60%</td>
</tr>
<tr>
<td>Inpatient Care and Delivery</td>
<td>90%</td>
<td>After a $500 per Admission Deductible, 60%*</td>
</tr>
<tr>
<td>Well Newborn Nursery Care Expense</td>
<td>90%*</td>
<td>60%*</td>
</tr>
</tbody>
</table>

*No annual deductible for these in-network benefits.

COVERAGE FOR NEWBORNS

A child born to a covered SHIP member is covered for the first 31 Days of Life or until the student’s coverage ends whichever comes first. To enroll a newborn, please contact the Student Health Insurance Office at (510) 642-5700 within 48 hours after the birth of the baby.

If seeking coverage after the first 31 days, you may contact the Student Health Insurance Helpline through Wells Fargo at 1-800-853-5899 or studentinsurance@wellsfargo.com for assistance or advice in enrolling in an individual plan.

For additional details about your benefits, please refer to the benefits booklet available at: uhs.berkeley.edu/students/insurance. You may also contact the Student Health Insurance Office at (510) 642-5700.