Keep it social, not slurred.
Control the alcohol.

**PARTYGOER**
- Set a limit. Space, pace and count your drinks.
- Chose low alcohol content drinks.
- Alternate drinks with water or other non-alcoholic beverages.
- If someone is slurring or swaying, slow them down and offer water.

**PARTYTHROWER**
- Provide plenty of water. Don’t run out.
- Eliminate hard alcohol from common areas.
- Use sober and trained servers.
- Intervene with over-intoxication. Slow them down. Cut them off. Get them home. Call for medical assistance.

“At the last party we only had beer. Some folks drank all night but no one got trashed. It’s more fun when you’re not falling down.”
- Steven, 4th year

 PARTYSAFE@ Cal
 uhs.berkeley.edu/psafe
We’re students advocating to improve the party culture and social benefits by decreasing drama and problems related to alcohol.

**Join us.** Support widespread awareness and adoption of these four alcohol and party risk management practices:

- ✓ Provide plentiful and easily accessible water.
- ✓ Eliminate service of hard alcohol (>20% ABV) in common areas.
- ✓ Presence of enough sober hosts and trained alcohol servers who monitor and intervene for intoxication.
- ✓ Have security measures to keep attendance under the maximum occupancy for location.

We want to hear from you - let us know your questions, comments, and ideas. Email us at partysafe@berkeley.edu

[uh.s.berkeley.edu/psafe](http://uh.s.berkeley.edu/psafe)

Endorsed by ASUC senate, IFC and PHC Presidents, GAMMA co-Presidents, the BSC Health Education Chair, and the Graduate Student Social Committee Chair in April 2015.