



Elder Care Program Summer Series for Caregivers 2010

Caregiving Challenges

Thursday, July 15, 2010, 12:10-1:30pm

Caregiver Stress

Thursday, July 29, 2010, 12:10-1:30pm

Caregiver Grief

Thursday, August 5, 2010, 12:10-1:30pm

Maureen Kelly, Ed.D, LCSW, Elder Care Counselor for UCB faculty and staff, and for LBNL employees, will be offering a brown bag lunch series at the **University Health Services, Tang Center** on issues related to caregiving. The classes will combine lecture and participation from attendees. You may come to one or all three of the classes.

To Enroll in these workshops, Log-in to Blu: <http://blu.berkeley.edu>.

Click on UCB Learning Center at the bottom of the "Self Service" section. Under "Catalog" Click on Health & Wellness, under Work Life and Wellness.

For assistance call CARE Services at 643-7754.

