"We decided not to use a condom one night..."

TRUE STORY

Derpina
I'd been in a loving and caring relationship with my boyfriend for almost a year. We were open, honest, and very comfortable with one another...

"tummy rumbles"

Are you gunna fart?

Maybe...
I love you.

...and eventually we became more intimate in the bedroom.
I tried going on the pill at first, but always forgot to take it...

*setting alarm to remind myself to take pill tonight*

THE NEXT DAY

FFFFFFFFUUUUUUUU
I FORGOT TO TAKE IT AGAIN!!! WHY DOES THIS ALWAYS HAPPEN TO MEE?!
UGH DOES MY ALARM HATE ME?!?? THIS IS THE THIRD TIME ITS HAPPENED IN A ROW NOW I HAVE TO START ALL OVER AGAIN RAAAWR

Eventually, I gave up and fully relied on condoms because I wasn’t too sure of what my other options were and didn’t put in much effort to find out.
But we weren't always responsible when it came to using condoms either. Sometimes, we'd get too caught up in the heat of the moment and he'd convince me to use the pullout method instead. Unfortunately, I didn't know that that pre-cum could hold traces of sperm from a previous ejaculation...

![Image](ready_for_sexy_time.png)
Soon enough, I ended up pregnant. And I thought my boyfriend and I would be able to work through it, but it *almost* ruined our relationship. I was too embarrassed to tell any of my friends and felt like I had no one else to go to for advice. So instead, I took out all my sadness and frustration on him.

le me and Derp finding out I'm pregnant

A few seconds after...

OMFG IM SO SCREWED IM TOO YOUNG I HAVEN'T EVEN FINISHED COLLEGE PEOPLE ARE GOING TO CALL ME A BABY KILLER WHAT IF MY PARENTS FIND OUT WHAT ARE WE GOING TO DO!!!!!!!

NO DERP THINGS ARE NOT OKAY YOU ARE SO DUMB YOU DON'T UNDERSTAND MY LIFE IS OVER BLAH BLAH BLAH BLAH BLAH BLAH

No worries Derpina. Everything will be OK!
In the end, I knew it was just as much my fault as it was his. And I had to make a decision.

After choosing to get an abortion, I promised to take better care of myself and went to my doctor to ask about other birth control methods I could use. From this experience, I realized what sexual health really means to me and how it's just as important as other aspects of my life.
Can you relate or know someone who can relate to Derpina’s situation? If so, below are additional resources you refer to for more advice:

Berkeley Free Clinic
The BFC provides various types of health services to underserved communities. There are sexual health services available such as HIV/STD Testing, peer counseling, and even free condoms.
Location: 2339 Durant Ave
Berkeley, CA 94704
Website: www.berkeleyfreeclinic.org
Contact: (510) 548-2570 or (800) 8-CLINIC

Planned Parenthood
Planned Parenthood provides affordable healthcare services for men, women, and teens. This includes testing and treatment of sexually transmitted diseases, contraception, abortion services, cancer screening and prevention, pregnancy testing and prenatal services.
Location: 320 El Cerrito Plz
El Cerrito, CA 94530
Website: www.plannedparenthood.org
Contact: (510) 527-5806

Sexual Health Education Program (SHEP)
“SHEP is a group of trained student peer educators who promote sexual health at Cal by providing accurate, nonjudgemental information. Our mission is to empower students to feel comfortable with their bodies and make informed decisions about their sexuality, including whether or not to be sexually active” (UHS Tang Center).
Location: 2222 Bancroft Way, University of California, Berkeley, 94720-4300
Tang Center, Health Promotion (2nd floor)
Contact: Robin Mills
robinmills@uhs.berkeley.edu
(510) 642-3620