The Low Down on Hooking Up

On Monday April 16th, 12 members of the Fall '10 pledge class participated in a social norms workshop about hooking up! Here's what went down...

Based on 31 survey responses the following information was collected

"I think people in the house use hooking up to refer to anything from making out to having sex"

Self-reported frequency of hookups: 2 times per semester
Perception of frequency of hookups in others: 10 times per semester

Self-reported Safety of hook-ups: 61% always use some form of contraception
Perception of Safety of hook-ups in others: 61% use some form of contraception sometimes or most of the time

Most college students have had 0-1 sexual partners in the last year, but think that their peers have had 2 or more.

What is the effect of these misperceptions?

During the workshop we talked about...
- Why these misperceptions exist
- How these misperceptions impact us
- The positive and negative consequences of hooking up
- Unprotected sex

"There is pressure to hook up and have cool hook up and party stories. It’s something for people to talk about”

Over 70% of respondents reported feeling pressure to engage in hook ups.

Results?????
100% of participants found this workshop helpful in increasing awareness about social norms info
75% of participants thought this workshop was helpful in increasing chapter communication about hooking up and sexual health

What we still want to talk about?
- Why are so many women having unprotected sex?
- What can we do about it?
- How can we reduce the pressure we feel to engage in hook ups????

Questions? Comments? Want to participate in another Workshop? Contact the workshop facilitator and creator