Breastfeeding Support

HEALTH*MATTERS UCB Wellness Program for Faculty and Staff  
510.643.4646 | hmatters@uhs.berkeley.edu

On Campus

Campus Lactation Rooms
Equipped with hospital-grade, electric breast pumps compatible with the parts from the Purely Yours Breast Pump or personal attachment kits are available for purchase.

Breast Pumps
Ameda’s Purely Yours Electric Breast Pump with Carry All is sold at cost to faculty, staff and students and their spouses or domestic partners. To purchase, call or e-mail Health*Matters. Product descriptions are available on the Health*Matters website.

Breastfeeding Your Baby / Returning to Work or School
This 3-hour class is offered four times per year. The first two hours cover breastfeeding basics and problem solving. The last hour focuses on planning for return-to work or school and breast pumps. Enroll -- Faculty and staff enroll at the UCB Learning Center. Students enroll by calling 643-4646.

Online Resources
uhs.berkeley.edu/facstaff/healthmatters/breastfeeding.shtml

Register Online:
Please register with the program to access any of the services. Registration is FREE to all UC Berkeley, UCOP and LBNL faculty, staff, students, and their spouses/domestic partners.

More Information:
Find information on the lactation rooms, breast pump products, class information, lactation accommodation, and more.

Your Health Plan:
UC’s Medical Plans may provide breastfeeding support, supplies and counseling at no cost. Check your health plan’s website.

“I would like to say how supported I felt by the University, my supervisor and the entire office in "expressing milk" after returning to work. It was invaluable and made all the difference in the world to me and my family.”  
~ M.M.